



# Modulation of Insulin Gene Expression with CRISPR/Cas9-based Transcription Factors

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## Abstract

**BACKGROUND:** The discovery and use of CRISPR/Cas9 technology have enabled researchers throughout the globe to continuously edit genomes for the benefit of science and medicine. Diabetes type I is one field of medicine where CRISPR/Cas9 has a strong potential for cell therapy development. The long-lasting paucity of healthy cells for clinical transplantation into diabetic patients has led to the search of new methods for producing  $\beta$ -cells from other human cell types. Embryonic stem cells are being studied worldwide as one most promising solution of this need.

**AIM:** The aim of the study is to check the feasibility of modulating human insulin transcription using CRISPR/Cas9-based synthetic transcription regulation factors.

**METHODS:** A new approach for creating potential therapeutic donor cells with enhanced and suppressed insulin production based on one of the latest achievements of human genome editing was developed.

**RESULTS:** Both synthetic transcription activator (VP64) and transcription repressor (KRAB) proteins were shown to function adequately well as a part of the whole CRISPR/Cas9-based system.

**CONCLUSION:** We claim that our results have a lot to offer and can bring light to many studies where numerous laboratories are struggling on to treat this disease.

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## Introduction

Latest advances of developing synthetic gene regulation systems have led to massive discoveries in biomedical science. Research groups around the world have developed synthetic transcription factors that can regulate expression of various endogenous genes by targeting their promoters and enhancers. Until now, synthetic transcription factors have been used for fixing genetic mutations [1], activation of tumor suppressors [2], controlling stem cell differentiation [3], and stimulation of tissue regeneration [4].

To date, three genome editing technologies are available: (1) Transcription activator like effector nucleases (TALENs) [5], (2) zinc finger nucleases (ZFNs) [6], and (3) clustered regularly interspaced short palindromic repeats (CRISPR)/CRISPR-associated protein 9 (Cas9) [7]. These technologies, more CRISPR/Cas9, are carried out in studies where synthetic transcription factors are also involved [8], [9],

[10]. The advent of the genome editing technologies has addressed numerous issues in many therapeutic areas, but there has not been made much effort in using these techniques for treating diabetes. Cell therapy that is based on transplantation of donor cells is considered by many researchers in the field as a promising approach to treat diabetic patients, especially those with type I diabetes. Replacing lost  $\beta$ -cells with functional and healthy cells could be the future of the treatment. However, the lack of donor materials worldwide for clinical cell transplantation greatly limits this therapy [11], [12], thus, production of  $\beta$ -cells (or  $\beta$ -like cells) from other cell types is now considered as the most promising approach. One potential solution within the approach is the use of embryonic stem cells (ESCs). ESCs could be of unlimited supply of  $\beta$ -cells, but there is still no proper differentiation protocol although a number of research groups have been working on it for decades [13], [14] [15], [16]. But here as alternative, we offer an approach that has a potential to deliver  $\beta$ -cells from human cells different than ESCs.

Insulin plays a key role in maintaining metabolic homeostasis of human body and regulation of its gene expression is in good accordance with the principle role of the hormone [17], [18]. The  $\beta$ -cells of the pancreas act as the exclusively main place where the mammalian insulin gene (*INS*) is expressed. The expression is very accurately handled by specific combinations and synergistic cooperativity of numerous transcription factors [18], [19]. Although modulation of various human genes has been performed in laboratories with the use of latest achievements in modern genome editing technologies [20], [21], none of such studies were devoted to *in vitro* controlling the expression of insulin gene, despite the critical significance of the hormone.

CRISPR/Cas9 technology consists of a gRNA molecule for targeting and Cas9 nuclease for cleavage. Cas9 comes from *Streptococcus pyogenes* and functions to protect the bacteria from foreign bodies by destroying their DNA [7]. In nature, these bacteria have two separate RNA molecules (crRNA – transactivating CRISPR RNA and pre-crRNA – precursor CRISPR RNA) that by acting together direct Cas9 to a target (for example, phage). However, in research, scientists usually synthetically join the two as one chimeric guide RNA (gRNA). The gRNA forms a ribonucleoprotein complex with the Cas9. A number of research laboratories have previously shown that expression of type II CRISPR/Cas9 system in mammalian cells leads to the formation of double-strand breaks (DSBs) at target sites: The gRNA's protospacer region matches with a 20 bp sequence of the target DNA and as a result, Cas9 cleaves the DNA [7], [8].

In the past years, CRISPR/Cas9 system has gained superior attention: The target specificity of Cas9 derives from RNA: DNA complementarity while ZFNs and ZFNs require modifications to the protein itself to target DNA [22]. CRISPR/Cas9 can be easily adapted to target any genomic sequence just by changing the protospacer of gRNA. The Cas9 protein component remains unchanged. This easy programmability of CRISPR/Cas9 system is a significant advantage over ZFNs and TALENs, which require tremendous amount of bench work.

The aim of the study was to check the feasibility of modulating human insulin transcription using CRISPR/Cas9-based synthetic transcription regulation factors.

## Materials and Methods

### Cell culture and transfections

HEK 293 cells were obtained from the Core Facility of Asfendiyarov Kazakh National Medical University (Almaty) and seeded in 6-well plate to be 80% confluent at the time of transfection. The cells were

maintained in Dulbecco's Modified Eagle's Medium (DMEM, Life Technologies) that was supplemented with 10% heat-inactivated fetal bovine serum (FBS, Life Technologies) and 1% penicillin/streptomycin (Life Technologies). 2.5  $\mu$ g of DNA, 5  $\mu$ l of P3000 reagent, and 7.5  $\mu$ l ( $2 \times 3.75\mu$ l) of lipofectamine 3000 reagent were used for each well, according to manufacturer's instructions (Invitrogen). Cells were cultured at 37°C with 5% CO<sub>2</sub>. Forty-eight–72 h post-transfection cells were collected and RNA was harvested for analysis.

### Plasmids

The plasmid encoding deactivated Cas9 (with H840A and D10A mutations) and VP64 that have been designed by Perez-Pinera *et al.* [23] were obtained from Addgene (#47107).

Following the algorithm that Doench *et al.* have developed [24], a number of gRNAs were designed according to the sequence surrounding the transcriptional start site of *INS* gene. The plasmid pX330A\_D10-1x4, which expresses native Cas9 nuclease and that was used for testing newly designed gRNAs, was also obtained from Addgene (#58774). The gRNAs were cloned into the plasmid and the construct was then transfected into normal HEK293 cells and screened to identify the most effective gRNAs using "Surveyor" nuclease assay [25]. Eventually, the most effective two gRNAs were identified and cloned into pLV GG hUbc-dsRED plasmid, which was designed by Kabadi *et al.* [26] and available from Addgene (#84034).

The plasmid expressing dCas9 (D10A+D839A+H840A+N863A) linked to KRAB repressor domain [27] was also obtained from Addgene (#110820).

### Lentivirus production

Briefly, 2.5 million HEK293T cells were plated per 10 cm dish. The next day, cells were transfected by the calcium phosphate transfection method with 5  $\mu$ g of transfer (expression) vector, 6  $\mu$ g of packaging plasmid, and 33  $\mu$ l of lipofectamine 3000 transfection reagent, according to manufacturer's instructions (Invitrogen). All the components were pre-diluted in serum-free Opti-MEM media before the final mix was added onto the cells. Then, the cells were incubated at 37°C with 5% CO<sub>2</sub> and the media were changed after 12–18 h. The viral supernatant was collected 24 and 48 h after each media change, passed through a 0.45  $\mu$ m filter, tittered, aliquoted (~35  $\mu$ l), and stored at –80°C for the transduction procedure.

### Transduction

HEK293 cells (with dCas9 and VP64) were plated in 12-well plate. Polybrene stock (10 mg/ml) was diluted as 1/1000 in 1 ml of DMEM media (with 10%

FBS and 1% penicillin/streptomycin). A total volume of pre-made lentivirus (35  $\mu$ l) were added to the mixture. The total mixture (DMEM + polybrene + lentivirus) was added to each well. Cells were incubated at 37°C with 5% CO<sub>2</sub>, analyzed under fluorescent microscope (2–3 days) and flow cytometry (2 days). Next, RNA was harvested for qPCR.

### Flow cytometry

Forty-eight hours post-transduction cells were assayed. The cells were detached from the wells using 0.5% trypsin (Invitrogen) and pre-stained with LIVE/DEAD Fixable Near IR Dead Cell dye, according to manufacturer's instructions (Thermo Fisher Scientific). Transduced cells were gated on dsRED expressing cells. Stained cells were analyzed using a BD FACSymphony flow cytometer and FlowJo v10.3.0 software (FlowJo LLC, OR, USA).

### Quantitative real-time polymerase chain reaction (qPCR)

Total RNA was isolated using the miRNeasy Mini RNA isolation kit (Qiagen) according to manufacturer's instructions where DNase digestion was done using the DNA-free Kit (Applied Biosystems). One  $\mu$ g of RNA was used for complementary DNA (cDNA) synthesis which was performed using SuperScript VILO cDNA Synthesis Kit (Invitrogen). Synthesized cDNA samples were diluted 1/10 times in ddH<sub>2</sub>O. All the qPCRs were performed using PerfeCTa SYBR Green FastMix (Quanta Biosciences) in CFX96 Real-Time PCR Detection System (Bio-Rad). The results were expressed as a relative fold increase in mRNA expression of the gene of interest normalized to housekeeping gene (Actin) expression using the 2<sup>- $\Delta\Delta$ Ct</sup> method.

### Statistical analysis of data

Statistical analysis was performed using GraphPad Prism 8.0 software (GraphPad Software Inc., CA, USA). Data are presented as bars and dot plots with mean values  $\pm$  standard deviation. The data were evaluated by one-way ANOVA analysis of variance accounting for different variances across the groups, with *post hoc* Tukey's or Sidak's multiple comparisons test. Statistical significance is represented as \* $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ , or \*\*\*\*  $p < 0.0001$ .

## Results

To achieve the goal, we first obtained a line of HEK 293 cells that would stably express the deactivated

form of the Cas9 nuclease (dCas9) and well-known transcription activator – VP64 protein. As there was no need to cleave the target DNA in the experiments, dCas9 was used instead of natural Cas9. VP64, linked to the nuclease, acts as an activator of transcription when brought close to the promoter of an endogenous gene. The dCas9 has been designed earlier by Jinek *et al.* [7] through inducing point mutations into the catalytic amino acid residues (D10A, H840A) of Cas9. In general, natural HEK 293 cells were transfected with the dCas9-VP64 plasmid and the expressions of the proteins were studied. Sufficient expressions were achieved in the transfected cells (significant  $p = 0.0257$  and 0.0008 for dCas9 and VP64, respectively; Figure S1 in the Supplementary Materials).

We next obtained our vector construct for cloning and expressing gRNAs by modifying the previously obtained lentiviral plasmid. Earlier, synergistic effect of several gRNAs (in some cases up to 4) targeted to the same transcriptional site has been shown to significantly enhance the overall efficiency of endogenous gene activation compared to when a single gRNA is used [20]. Therefore, following the algorithm that has previously been developed [24], several *INS* gRNAs were designed, tested, and the best ones were cloned into the lentiviral plasmid.

Next, the obtained gRNA carrying plasmid was packaged into lentivirus using lentiviral production method [28]. Concentrated viral material was then used to infect targeting *INS* gene in the previously produced dCas9-VP64 HEK 293 cells. Lentiviral gene construct encoded with insulin was successfully transduced with 43.7% efficiency into host cells (Figure 1).

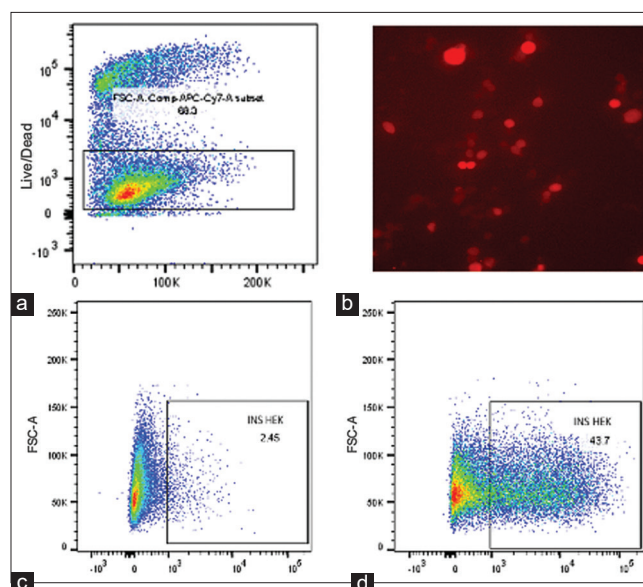


Figure 1: Transduction of dCas9-VP64 HEK 293 cells with Lenti *INS* gRNA: (a) Overall flow cytometry result of transduced cells; (b) representative image from fluorescent microscopy for successfully transduced cells shown in red (dsRED); (c) unspecific transduction; (d) successful transduction with 43.7% efficiency

As next tested by qPCR, the inserted gRNAs were properly expressed as shown by significant

fold increase (over 1000×) in *INS* transcription in test samples compared with negative controls (Figure 2). However, this increase was fairly less than in naturally insulin expressing Min6 cells (nearly 5×).

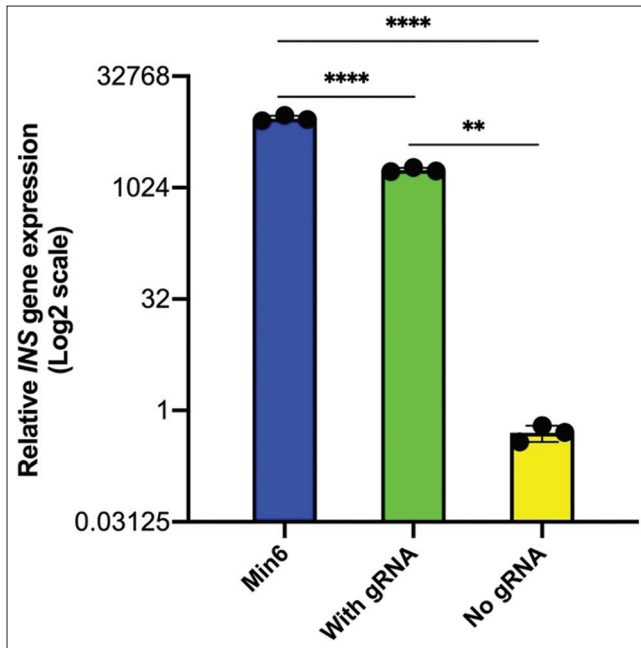


Figure 2: *INS* gene activation with gRNA-directed VP64 transcription factor fused to dCas9: Min6 – naturally insulin-producing mouse cell line (positive control); with gRNA – dCas9-VP64 HEK 293 cells with activated *INS* gene; no gRNA – only dCas9-VP64 HEK 293 cells. Statistical analysis was performed by a one-way ANOVA test followed by Tukey's post hoc test for multiple comparisons. \*\* $p < 0.01$ ; \*\*\*\* $p < 0.0001$

After successful activation of the target gene, the next aim was to check if it would be feasible to further manipulate it. In particular, it was sought to lower the recently activated *INS* transcription as a possible benefit for diabetes research. Several studies have previously showed earlier that Kruppel-associated box (KRAB) protein could be as a strong transcription inhibitor for most endogenous genes [27], [29]. Following this, the HEK 293 cells with activated insulin gene (dCas9-VP64+*INS* gRNA) were transfected with the previously obtained plasmid with dCas9-KRAB complex cloned in. The latter dCas9 had a slightly different amino acid sequence than the previous one, but can bind with the *INS* gRNAs which are still expressed by the host cell. As a result of the transfection, substantially lower amount of insulin mRNA (nearly 1000×) was observed in the infected cells than in control samples (no dCas9-KRAB addition, Figure 3). In addition, as expected, transfected cells had well expressed dCas9 and KRAB (Figure S3 in the Supplementary Materials).

## Discussion

The study describes gRNA-assisted endogenous insulin transcription activation and its

repression in normal HEK 293 cells. Purposefully designed gRNAs, together with deactivated Cas9 nuclease (dCas9) linked to synthetic transcription factors (VP64 and KRAB domains), adequately regulated the expression of *INS* gene. In addition, synergistic effect of several gRNAs (in this case 2), targeted to the same sequence, was properly validated.

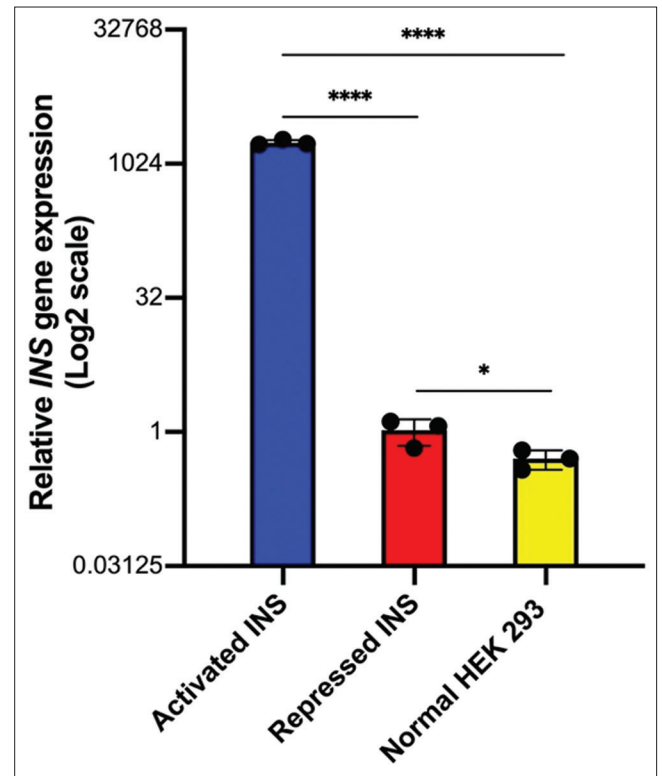


Figure 3: Repression of activated *INS* gene in dCas9-VP64 HEK 293 cells: gRNA + (dCas9-VP64) – positive control; gRNA + (dCas9-VP64) + (dCas9-KRAB) – cells after transfection with the repression domain plasmid; natural HEK 293 cells – negative control. Statistical analysis was performed by a one-way ANOVA test followed by Tukey's post hoc test for multiple comparisons. \* $p < 0.05$ ; \*\*\*\* $p < 0.0001$

The purpose for repressing insulin production came out of two reasons: (1) Studies have reported that the burden of producing relatively extensive supply of insulin significantly delays the natural rate of  $\beta$ -cell proliferation [30] and negatively affects the differentiation of  $\beta$ -cells [31] even under normal physiological conditions; (2) there are a number of synthetic transcription repressor proteins available, and our experiments were as a specific case for validating their function for regulation of insulin transcription. As the results show, the repression is feasible and our findings shed light on potential future experiments where controlled differentiation of embryonic stem cells into  $\beta$ -cells with desired level of insulin synthesis can potentially be performed. In addition, it is assumed that modulating the level of insulin production during the differentiation stages might be advantageous in future experiments.

In the inhibition experiment, the result that the gRNAs bound *better* with the second dCas9 than the first initial sample (in the dCas9-VP64 complex) can be

studied more. One suggestion might be in the amino acid sequences of the nucleases that a few changes could lead to that significant difference in binding. Although the experiment was performed more than once, very similar results were received each time.

More experiments might be needed to study possible off-target effects of CRISPR/Cas9-based regulation of insulin transcription. As was mentioned earlier, regulation of *INS* gene is sufficiently complicated and therefore this modulation might have some off-target consequences. A study found that RNA-guided dCas9-KRAB transcription repression introduced minimal changes into the gene expression patterns of human cells [32]. It's also critical whether or not the dCas9 fusions with synthetic proteins affect the specificity of the CRISPR/Cas9 system. In addition, most of RNA-assisted endonucleases, including Cas9, are very effective and easy programmable DNA-altering molecules, but because of their hereditary organization and mechanism, these nucleases have more serious off-target effects than ZFNs and TALENs [33]. Therefore, TALENs and ZFNs could be studied as well to find out which of three genome editing technologies give the best result exclusively for the modification of insulin gene expression.

Finally, long time survival and possible glucose-responsive functions of the manipulated cells can be further observed. Effective control of the insulin gene behavior after enhancing as well as lowering its transcription is also of critical importance.

## Conclusions

Our findings can serve as proof of principle that CRISPR/dCas9 system works acceptably well even when several heterologous synthetic regulator proteins are linked to the dCas9 nuclease. These results now open avenue for the possibility of other transcription regulator molecules (e.g. DNA methylation modifiers, novel effector enzymes) to be fused to dCas9 for new research perspectives in the area. Ultimately, these results should enable and implement other future applications of CRISPR/dCas9 system for the development of cell therapies against diabetes type I and for medicine in general.

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## Data Availability

All supporting data are available from the corresponding author on request.

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