



The Evaluation of Methylated Septin 9 in Blood Plasma and Tissue Biopsies for the Early Detection for Asymptomatic Colon Cancer

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Abstract

AIM: The purpose of this study was to assess the utility of the Septin 9 (SEPT9) genetic marker in the early detection of colon cancer (CC) patients.

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Introduction

Colorectal cancer (CRC) has become the 3rd most common malignancy in men and the second in women [1]. It accounts for approximately 10% of the global cancer burden [2]. Survival of CRC patients is significantly associated with the staging of the disease at diagnosis [2]. The five-year survival rate for CRC patients diagnosed in the early stage is more than 90 %, while for those diagnosed in the late stage is approximately 7% [3].

Therefore, it is urgent to reduce CRC mortality and morbidity rates by improving screening [1]. The main molecular mechanisms causing CRC include chromosome instability (CIN), microsatellite instability (MSI), and CpG island methylator phenotype (CIMP) [4].

DNA methylation is an important epigenetic modification, and CpG island is the main site of DNA methylation and is closely related to the occurrence and development of tumors [5]. Aberrant methylation as a regulator of gene expression has been demonstrated previously in colorectal cancer [6].

METHODS: A case–control study was conducted on forty newly diagnosed CC patients. The study was done between March 2019 and January 2020, patients from the Gastroenterology and Liver Education Hospital, Al-imamain Al-Kadhimain Medical City, and Baghdad Teaching Hospital were recruited. CC patients' mean age \pm standard deviation was 54.4 \pm 10.79 years while the age \pm standard deviation of the mean of the control group was 55.1 \pm 8.54 years. For septin9 tissue methylation of the controls was done on the non-malignant tissues of the same patients.

RESULTS: This study concluded that the percentage of Septin 9 (SEPT9) in the tissue of patients with CC was the highest value, which is more significant than that of the serum of CC patients. Both of these groups were significantly higher than the percentage of SEPT9 methylation of control tissue and serum. Non-significant differences were obtained in the levels of Carcinoembryonic antigen and CA19-9 between CC patients and controls.

CONCLUSION: The percentage of SEPTIN9 methylation in serum and tissue patients with a family history for CC was significantly higher than CC patients without a family history.

Aberrantly methylated genes are attractive candidate markers for cancer detection [7]. As methylation occurs in distinct genomic areas, methylated markers in tumor tissues and body fluids are likely targets for the early detection of cancers [7].

Septins are a family of GTP-binding proteins that play important roles in cytokinesis, the cytoskeleton, and cell cycle control [8]. As a star member of the Septin gene family, Septin9 (SEPT9) is located at chromosome 17q25.3 and demonstrates oncogenic and tumor-suppressive impacts on human cancers [9]. The previous research has linked methylated SEPT9 (mSEPT9) to cancer through transcriptional silencing due to aberrant hypermethylation of the CpG island in the SEPT9 promoter region [10].

The previous independent case–control studies using clinically confirmed colorectal cancer cases and colonoscopy verified healthy asymptomatic controls suggested that detecting mSEPT9 in plasma may indicate the presence of CRC [11], [12], [13].

The present study was aimed to investigate the diagnostic value of plasma and tissue mSEPT9 for colon cancer (CC).

Methods

Ethics

The study protocol was submitted to the institutional review board of the College of Medicine, Al-Nahrain University, and approved before the start of the study. All subjects provided informed consent before blood collection.

Subjects and study design

A case-control study was conducted on forty individuals who were diagnosed with CC at an early stage. There were forty participants in the control group. The controls for tissue SEPTIN9 methylation, on the other hand, were performed on non-malignant tissue from the same patients. Patients were recruited from March 2019 to January 2020 at Gastroenterology and Hepatology Teaching Hospital, Al- Imamain Al- Khadimain Medical City, and Baghdad Teaching Hospital. In Baghdad, Iraq, the study's practical part was carried out at Al-Nahrain University's Department of Chemistry and Biochemistry, College of Medicine. The patients were included for this study if they had suspicious CC (newly diagnosed) recorded by clinical examination and colonoscopy. The control group includes people who have no evidence of the disease. The criteria for exclusion were: Systemic infections, digestive diseases, malabsorptive diseases, acute medical conditions, and other malignant diseases.

Blood samples collection and preparation

Ten milliliters of peripheral blood samples were collected in a 10 mL tube containing the K_2 EDTA anticoagulant from patients and controls that had fasted for 8 h.

Plasma samples (4.5 mL) without apparent hemolysis, chylemia, high bilirubin or visible particles or pellets were collected on centrifugation and stored under -20° C within 3 weeks from the sample collection date. Blood samples of CC patients who had taken colonoscopy examinations were collected before surgery.

Carcinoembryonic antigen (CEA) measurement [14]

The Sandwich-ELISA concept is used in this ELISA kit. The antibody unique to Human CEA has been pre-coated on the micro ELISA plate used in this kit. Standards or samples are mixed with the same antibody in the micro ELISA plate wells. The optical density (OD) is measured spectrophotometrically at a wavelength of 450 nm. The OD value is proportional to the concentration of Human CEA present in the study. The concentration of Human CEA in the samples was determined by comparing the OD of the samples to the standard curve.

CA19-9 measurement [15]

This ELISA kit employs the Sandwich-ELISA approach. A pre-coated micro ELISA plate with an antibody specific for Human CA19-9 is included in this kit. In the micro ELISA plate wells, standards or samples are combined with the same antibody. By comparing the OD of the samples to the standard curve, the concentrations of Human CA19-9 in the samples were estimated.

DNA extraction

DNA Extraction from blood samples [16]

The ReliaPrepTM Blood gDNA Miniprep System extracts pure, intact DNA from mammalian blood quickly and straightforwardly. The samples are processed using a binding column in a microcentrifuge tube. Each purification may process up to 200 μ l of blood. The genomic DNA is of good quality and may be utilized in common applications including agarose gel analysis, restriction enzyme digestion, and PCR analysis. The ReliaPrepTM Blood gDNA Miniprep System employs a straightforward four-step process:

- 1. Getting the DNA out of the starting material by effectively disrupting or homogenizing it
- 2. Used the ReliaPrepTM Binding Column to attach DNA
- 3. Used a wash solution to remove impurities
- 4. The elution of purified DNA. The purification protocol contains no ethanol, thereby avoiding downstream issues caused by ethanol carryover.

Genomic DNA was isolated from blood samples according to the protocol

ReliaPrep[™] Blood gDNA Miniprep System, Promega as the following steps:

- 1. In a rotisserie shaker at room temperature, thoroughly mixed the blood sample for 15 min
- Twenty μl of Proteinase K (PK) Solution was dispensed into each 1.5 ml microcentrifuge tube, followed by 200 μl of blood, which was briefly mixed
- 3. To lyse the cells, 200 μ l of Cell Lysis Buffer was added to the tube and vortexed for 10 s
- 4. All of the mixtures were incubated for 30 min in a water bath at 56°C
- A ReliaPrepTM Binding Column was inserted into an empty selection tube while the blood sample was incubated

- 6. After incubation, the tube was removed from the water bath and $250 \ \mu$ l of Binding buffer was added, which was vortexed for 10 s
- 7. The tube contents were transferred to the ReliaPrep[™] Binding Column and centrifuged at 12,000 rpm for 3 min
- 8. The collection tube containing flow-through was removed and discarded
- 9. The binding column is placed into a fresh collection tube
- 10. Five hundred microliters of column wash solution was poured to the column and centrifuged for 3 min at the maximum speed; the flow-through was discarded; this procedure was repeated 3 times
- 11. After the washing step, the column was placed in a clean 1.5 ml microcentrifuge tube, and $100 \ \mu l$ of nuclease-free water was added to the column
- 12. After 5 min, the 1.5 ml tube with column centrifuge for 5 min at 5000 rpm
- 13. After centrifuge, the ReliaPrep[™] binding column discarded and eluate saved.

DNA Extraction from tissue samples

- 1. Harvested cells were moved to a 1.5 ml microcentrifuge tube. Until harvesting, adherent cells were trypsinized
- 2. The cells were centrifuged at 13,000–16,000 × g for 10 s to pellet the cells
- 3. Supernatant removed, leaving behind the cell pellet plus 10–50 μl of residual liquid
- Cells were washed by adding 200 μl of PBS and vortexed vigorously to resuspend cells. Centrifuges as in Step 1.b, and removed the PBS
- 600 μl of nuclei lysis solution added and pipetted to lyse the cells. The mixture was pipetted until no visible cell clumps remain
- Three microliters of RNase solution was added to the nuclear lysate, and the sample was mixed by inverting the tube 2–5 times. The mixture was incubated for 15–30 min at 37°C before being allowed to cool to room temperature for 5 min before proceeding
- 200 μl of protein precipitation solution was added to the room temperature sample and vortexed forcefully at high speed for 20 s. The sample was cooled for 5 min on ice
- 8. At 13,000–16,000 g, the sample was centrifuged for 4 min, the precipitated protein clumped together to form a compact white pellet
- 9. The supernatant containing the DNA (leaving the protein pellet behind) was carefully removed and transferred to a clean 1.5 ml microcentrifuge tube containing 600 μl of room temperature isopropanol

- 10. Inversion was used to gently mix the solution until the white thread-like strands of DNA formed a visible mass
- 11. They were centrifuged for 1 min at 13,000–16,000 × g at room temperature. The supernatant was carefully decanted. The DNA becomes visible as a small white pellet
- 12. Six hundred microliters at room temperature of 70% ethanol was added and gently inverting the tube several times to wash the DNA, the tube was centrifuged for 1 min at 13,000–16,000 g. The ethanol was carefully aspirated using either a drawn Pasteur pipette or a sequencing pipette tip. The DNA pellet is very loose at this point, and care must be used to avoid aspirating the pellet into the pipette
- 13. The tube was inverted on clean absorbent paper and air-dried the pellet for 10–15 min
- 14. DNA was rehydrated by adding one hundred microliters of the DNA rehydration solution by incubating at 65°C for 1 h. The solution was gently mixed by gently tapping the tube. Alternatively, the DNA can be rehydrated by incubating the solution at room temperature or 4°C overnight
- 15. The resultant DNA is stored at $2-8^{\circ}$ C.

Primer

Primer preparation

The primer used in this study was listed in Table 1.

Table 1: Primer characteristics

Primer name	Sequence	Annealing	Product
		Temp (°C)	size (bp)
SEPT9_M-F	5`-TTAAGTTTAAGGAAATCGTAGTATCG-3`	60	263
SEPT9_M-R	5`-AACCACCGAATCTACCTACGAA-3`		
SEPT9_U-F	5`-AATTTTTAA GTTTAAGGA AATTGTAGTATT-3`		254
SEPT9_U-R	5`-CAAACCACCAAATCTACCTACAAA-3`		
myoD-F	5`-TGATTAATTTAGATTGGGTTTAGAGAAGGA-3`		162
myoD-R	5'-CCAACTCCAAATCCCCTCTCTAT-3'		
SEPT9: Septin 9			

The preparation of primer was conducted as shown in Table 2.

Table 2: The preparation of primers

Primer name	Vol. of nuclease-free water (µI)	Concentration (pmol/µl)
SEPT9_M-F	290	100
SEPT9_M-R	300	100
SEPT9_U-F	290	100
SEPT9_U-R	300	100
myoD-F	290	100
myoD-R	300	100
SEPT9: Septin 9.		

The Macrogen Company supplied these primers in a lyophilized form. To obtain a working primer solution of 10 pmol/ μ l, 10 μ l of primer stock solution (stored at freezer -20°C) was mixed with 90 μ l of nuclease-free water. As a stock solution, lyophilized primers were dissolved in nuclease-free water to a final concentration of 100 pmol/ μ l.

Primer optimization programs

The DNA template was amplified with the same primer pair, (Forward) (Reverse), at annealing temperatures of 55, 58, 60, 63, and 65°C to determine the optimum annealing temperature of primer. PCR amplifications were performed with 20 μ l volumes containing 10 μ l Go Taq Green Master Mix (2×); 1 μ l for each primer (10 pmol); 6 μ l nuclease-free water; and 2 μ l of template DNA as listed below for both SEPTIN-9 gene. The primer optimizing program is listed in Table 3.

Table 3: Primer optimization programs

Reagent	Volume
Go Taq Green Mix (2X)	10 µl
Forward Primer	1 µl
Reverse Primer	1 μl
Nuclease free water	6 µl
Template DNA	2 µl
Total	20 µl

Reaction setup and thermal cycling protocol

Gene: SEPT9_M, SEPT9_U, and myoD

No. of reaction	160	rxn	The annealing temperature of primers	60
Reaction Volume/run	10	Ml	No. of primers	3
Safety margin	5	%	No. of PCR Cycles	40

The PCR reaction mixtures were mixed according to the master mix's manufacturer's instructions (Promega). All appending was done in a laminar flow cabinet using frozen cold blocks and ice as needed. Table 4 shows the components of PCR operation (4).

Table 4: The components of PCR work							
Master mix components	Stock	Unit	Final	Unit	Volume		
					1	120 samples	
					Sample	-	
Master Mix	2	Х	1	Х	5	600	
Forward	10	μΜ	1	μΜ	0.5	60	
Primer							
Reverse	10	μΜ	1	μΜ	0.5	60	
Primer							
Nuclease Free					3	360	
Water							
DNA		ng/μl	ng/µl		1		
Total volume					10		

Aliquot per 9 μl of Master mix per tube and add 1 μl of template single rxn

The real time PCR program was listed in Table 5.

Statistical analysis

The study's data were saved in a Microsoft Excel spreadsheet. The data were entered into a spreadsheet and processed on a device using the SPSS software 20 and Microsoft Excel program (2010). Categorical variables were represented as numbers and analyzed by cross-tabulation to assess the occurrence and percentage of each variable within the studied groups. The numeric variables were expressed as mean \pm SD, and all statistical comparisons were represented using an independent t-test and ANOVA test with p \leq 0.05 being found statistically significant. The correlation was done between all parameters using Pearson correlation

The accuracy of the analyzed markers was assessed using a Receiver Operating Characteristic (ROC) study as a comprehensive method. When comparing various biomarkers, the area under the curve (AUC) is a valuable method. AUC close to 1 implies an excellent diagnostic and predictive marker, while AUC = 0.5 has no diagnostic significance. AUC close to 1 is always accompanied by satisfactory values of specificity and sensitivity of the biomarker [18].

Results

General characteristics of the study groups

In this study, some anthropometric characteristics of the studied groups summarized in Table 4 and (Figure 1) were assessed through analyzing questionnaire answered via a direct interview with all subjects. Table 6 shows non-significant differences in age and body mass index (BMI) between all studied groups.



Figure 1: Percentage of Septin 9 methylation in all studied groups

Percentage of SEPT9 methylation in serum and tissue of patients with CC against the percentage of SEPT9 methylation in tissue and serum of control group

According to results illustrated in Table 3 and Figure 1, the percentage of SEPT9 in the tissue of patients with CC was the highest value (45.88 \pm 24.69) which is significantly higher (p < 0.001) than those in the serum

Table 5: Real-time PCR program

°C	m:s	Cycle
95	05:00	1
95	00:15	40
60	00:30 acquiring	
	on Green	
72	00:60	
	°C 95 95 60 72	°C m:s 95 05:00 95 00:15 60 00:30 acquiring on Green 72 00:60

Table 6: Anthropometric characteristics of the CC in comparison with controls

Parameter	Control	CC	P ^b
Number	40	40	
Age (year)	55.1 ± 8.54	54.4 ± 10.79	0.731
BMI (kg/m ²)	26.25 ± 2.28	25.45 ± 3.59	0.238

CC: Colon cancer, BMI: Body mass index.

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of CC patients (29.03 \pm 16.09) and both of these groups were higher significantly (p < 0.001) than the percentage of SEPT9 methylation of control tissue (3.79 \pm 4.49) and serum (1.196 \pm 0.82) and the only exception was the non-significant difference between the two control groups (serum and tissue). Moreover, the ANOVA test revealed that there was a highly significant difference (p < 0.001) among all studied groups, as demonstrated in Table 7.

Table 7: The percent of Septin9 methylation in all studied groups

Group	Mean ± SD	P ^a	P⁵	P℃	P ^d	P ^e	P ^f	P ^g
SEPT9								
Methylation (%)								
Control	1.196 ± 0.82	<0.001	< 0.001	0.864	<0.001	< 0.001	<0.001	<0.001
(serum) n = 40								
CC (serum)	29.03 ± 16.09							
n = 40								
CC (tissue)	45.88 ± 24.69							
n = 40								
Control	3.79 ± 4.49							
(tissue) n = 40								
P ^a : Value between the percentage of methylation in CC serum and control serum. P ^b : value between the								

Percentage of methylation in color cancer tissue and control serum. P⁶ value between the percentage of methylation in color cancer tissue and control serum. P⁶ value between the percentage of methylation in CC tissue and CRC serum. P⁶ value between the percentage of methylation in control tissue and CC serum. P⁶ value between the percentage of methylation in control tissue and CC serum. P⁶ value between the percentage of methylation in control tissue and CC serum. P⁶ value between the percentage of methylation in control tissue and CC serum. P⁶ value between the percentage of methylation in control tissue and CC serum.

The percentage of SEPT9 methylation in serum and tissue of patients with a family history of CC compared to those with no family history

Data postulated in Table 8 obviate that the percentages of SEPTIN9 methylation in serum and tissue of patients with a family history of CC were significantly higher than those of CC patients without a family history. In contrast, the control samples showed a non-significant difference in the percentage of SEPIT9 methylation between these two subgroups.

Table 8: The percentage of SEPTIN9 methylation in serum and tissue of CC patients and control tissue in patients with a family history of CC compared to those with no family history

Group	Mean ± SD	P ^a
% of SEPTIN9 methylation in serum of CC patients		
Patients with a family history n = 12	38.37 ± 14.75	0.014
Patients without family history n = 28	25.03 ± 15.16	
%of SEPTIN9 methylation in tissue of CC patients		
Patients with family history n = 12	67.57 ± 23.21	< 0.001
Patients without a family history n = 28	36.59 ± 19.05	
% of SEPTIN9 methylation in controls tissue		
Patients with a family history n = 12	5.29 ± 5.07	0.17
Patients without family history n = 28	3.15 ± 4.15	

CC: Colon cancer, P^a value between the percentage of methylation in serum and tissue in CC and control with and without family history.

ROC analysis

ROC analysis for the percentage of SEPTIN9 methylation in serum and tissue

Results illustrated in Figure 2 revealed that the assessment of the percentage of SRPTIN9 methylation in serum could be considered as a reliable test as it demonstrated a high (AUC = 0.945) with excellent sensitivity and specificity (90% for each) which is nearly comparable to those of percentage of SRPTIN9 methylation tissues (AUC = 0.965, sensitivity = 90%, and specificity = 100).



Figure 2: Receiver operating characteristic curve of the percentage of SEPTIN9 methylation in serum and tissue

Discussion

CC is the third most common cancer in men and the second most common cancer in women, with approximately 1.4 million cases and 693,900 deaths/ year. As with other cancers, accurate diagnosis is critical for successful treatment, and early detection is critical in lowering CC patient mortality. Despite rapid advancements in CC screening, such as colonoscopy, fecal occult blood testing (FOBT), immunochemical FOBT, and fecal DNA examination, tumor detection has not improved to a satisfactory level. Furthermore, overcomplicated testing, high costs, and a lack of compliance are reducing the applicability and sensitivity of testing [19]. Several studies have been carried out to identify non-invasive markers for the diagnosis and prognosis of CC, ranging from classical tumor markers such as CEA and carbohydrate antigen 19-9 (CA 19-9) to more recent markers [20], [21], [22], [23]. Several experiments were carried out in the ROC curve of Septin9 in serum and tissue. We obtained Septin9 percentage values in serum as a reliable test because they demonstrated a high (AUC = 0.945) with excellent sensitivity and privacy (90% each), which are nearly identical to the percentage of methyl tissue Septin9 shown in Table 8 and Figures 1 and 2.

Levels of CEA and Carbohydrate antigen 19-9 (CA 19-9) in CC patients and controls

Since the levels of CEA and CA 19-9 seen in this analysis were not substantially higher in patients

with early-stage CC than controls, these markers cannot be recommended as CC screening measures. The poor sensitivity of serum CEA and CA 19-9 for detecting CC is the main reason. The sensitivities of CEA. CA 19-9, and the combination of CEA and CA 19-9 for CC were found to be very poor in this analysis, with findings similar to those found in the previous studies [24]. Furthermore, CEA, CA 19-9, and the mixture of CEA and CA 19-9 had low AUCs for CC. These findings reinforce the notion that CEA and CA 19-9 should not be suggested as instruments for CC early detection tests, which is in line with previous research through Xie et al., who discovered that CEA and Ca 19-9 have low success in detecting CC, indicating that they should not be recommended for CC screening [25]. Although serum CEA and CA 19-9 are not recommended as CC screening measures, they are widely used as part of a health screening program [24].

Data obtained in the present work revealed that CEA levels might be affected by cigarette smoking. It showed higher CEA levels in smokers compared to non-smoker patients that may interfere with the diagnostic value. The effect of cigarette smoking was discussed previously in several researches [26], [27]. A more recent study conducted on CRC patients showed that the prognostic value of CEA might be affected by cigarette smoking as it causes an increase in serum CEA levels independently of the disease status [28].

Furthermore, when comparing patients with a CC family history to patients without a CC family history, all CA19-9 and CEA levels showed a non-significant decrease, suggesting that these levels in CC patients are independent of their family history, particularly because all CC patients included in this study were diagnosed early and CA19-9 and CEA levels did not begin to rise [28]. The association between CEA and CA19-9 was non-significant in all observed participants, including CC patients, confirming the poor diagnostic significance of these markers in the early stages of CRC. This revealed that their slight elevation is not parallel.

Given that all of the patients had been diagnosed with CRC at an early stage, there were no substantial associations between era, BMI, and cigarette smoking habit, and these two tumor markers. The poor diagnostic importance of CEA and CA 19-9 in patients early diagnosed with CC is also shown through ROC study findings, which reveal a low AUC, sensitivity, and specificity that are nearly comparable to the previous literature data [29], [30]. The combination of CEA and CA19-9 provides a higher sensitivity of up to 80%, suggesting the likelihood of utilizing this combination for early CRC detection. The reality that serum CEA levels may be elevated in other malignancies as well as mild disorders (i.e., cirrhosis and ulcerative colitis), and even smoking, which tends to almost double the CEA serum concentration in stable participants, contributes to CEA's poor sensitivity and specificity [15], [31].

Percentage SEPT9 in tissue and serum of CRC patients and controls

SEPT9 is a cell cycle-related protein indispensable for coordinating myosin motor proteins during cytokinesis. SEPT9 stabilizes the polymer, promotes the aggregation of subunits, and plays a key role in the final separation of daughter cells during cell division. Therefore, when the SEPT9 gene is abnormally expressed or deleted, cell division may be seriously affected. The SEPT9 gene is abnormally expressed in many malignant tumors. SEPT9 is a tumor suppressor gene, and it is methylated in a variety of tumors. Hyper methylation is related to gene expression silencing and genomic instability; reduced expression of tumor suppressor genes and DNA repair genes; and effects on normal cellular functions, such as apoptosis, DNA repair, and cell cycle regulation. It was reported that hypermethylation of the CpG island in the promoter region of the SEPT9 gene could inhibit its expression, abrogating its tumor suppressor functions and ultimately results in malignant tumor formation [31].

Results obtained in the current research agree with the previous findings in that the percentage of SEPT9 methylation was elevated significantly in the tissues of early diagnosed CRC patients compared to non-cancerous tissues obtained from the same patients. The remarkable finding in the present work is the high percentage of SEPT9 methylation in serum of CRC patients compared to those in the serum of controls. These results may provide a promising non-invasive tool for early diagnosis of CRC, given that several researchers considered that the measurement of methylation percentage of SEPT9 is a promising blood/ plasma-based assay for early CRC detection [10].

This study concluded that the percentage of SEPT9 in the tissue of patients with CC was the highest value, which is more significant than that of the serum of CC patients. Both of these groups were significantly higher than the percentage of SEPT9 methylation of control tissue and serum.

Non-significant differences were obtained in the levels of CEA and CA19-9 between CC patients and controls.

The percentage of SEPTIN9 methylation in serum and tissue patients with a family history for CC was significantly higher than CC patients without a family history.

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