



# Antibacterial Effect of Pre-constructed 3D Bone Scaffolds before and after Modification with Propolis

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## Abstract

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**AIM:** This study was to determine and compare the antibacterial activity of different scaffold materials before and after their modification with ethanolic extract of Egyptian propolis ethanolic extract of propolis (EEP).

**SETTINGS AND DESIGN:** Preparation of the dry mass of propolis, preparation of EEP, preparation of the scaffolds, and antibacterial activity testing.

**MATERIALS AND METHODS:** Four bacterial strains were used to determine the antibacterial activity of two different scaffold materials before and after their modification with EEP (15% and 25% by weight).

**RESULTS:** Tricalcium phosphate + gelatin binder modified by 25% EEP exhibited the highest antibacterial activity against *Escherichia coli*. While, tricalcium phosphate + (alginate and cellulose nanowhiskers) binder modified by 25% EEP demonstrated the highest antibacterial activity *Staphylococcus aureus*, *Streptococcus mutans*, and *Lactobacillus casei*.

**CONCLUSIONS:** It can be concluded that EEP had a significant effect on the antibacterial activity of both scaffold materials; the antibacterial activity was higher against Gram-positive bacteria.

## Introduction

Bone tissue engineering is a state of science and art involving bone regeneration [1]. Until the new tissue regenerates, scaffolds are considered as temporary structures that maintain the structural integrity of the tissue [2]. Today, the modern definition of a biomaterial according to the European Society for Biomaterials; material intended to interface with biological systems to evaluate, treat, augment, or replace any tissue, organ, or function of the body [3].

Ideally, a scaffold biomaterial should be; immunologically compatible, biodegradable, it should exhibit an interconnected pore structure with high porosity, and its degradation products should not cause inflammation or toxicity and must be removed from the body through metabolic pathways [1], [2].

Over the years, a lot of materials have been tested and implemented in this field [4]. Human body treats these biomaterials as foreign bodies eliciting an inflammatory and immune reactions. Bacteria will compete with cells to adhere to their surfaces, as many of them have similar mechanism of attachment

as cells, except they are better adapted for survival on non-viable surfaces [4].

Incorporation of antibiotics is a common practice for preventing or treating these conditions, on the other hand, the potential risk of antibiotic resistance and the effectiveness of their long-term use are a growing concern. To meet the critical clinical need against antibacterial resistance and overcoming the long-term health implications of the current treatment strategies, there is an increased interest in the development of novel biomaterials with both intrinsic antimicrobial properties and having the potential to stimulate bone regeneration [5].

The use of natural products for curing diseases rather than depending on the conventional allopathic medicine is the current trend adopted and recommended in the field of health. There are various natural products used in the biomedical application [6].

Propolis is a natural product synthesized by honeybees, bees use it for building and preservation of their hives, killing pathogens, and preventing foreign invaders from entering the hive due to its adhesive nature [6], [7].

It is non-toxic resinous sticky substance; its chemical content depends on the geographic zone from which it comes. It has traditionally been used in curing

infections and management of numerous diseases mainly for their bacterial and viral etiologies [7].

Recently, propolis has proven its wide range of biological activities, including antibacterial, antiviral, fungicidal, anti-inflammatory, and antioxidative [8], [9]. There are distinctive types of propolis extracts; the ethanolic extract of propolis (EEP) is the most commonly used [7].

Working toward back to nature direction, this study aimed to modify scaffold materials with EEP in an attempt of developing a promising solution by constructing biomaterials combining both significant regenerative potential and enhanced antibacterial activity [5].

Accordingly, the objective of this study was to determine and compare the antibacterial activity of different scaffold materials before and after their modification with EEP.

## Materials and Methods

The materials used in this study were as follows as shown in Table 1:

1. Tricalcium phosphate
2. Alginate
3. Gelatin
4. Cellulose nanowhiskers
5. Propolis  
Propolis was obtained from the National Research Centre, Giza, Egypt.
6. Bacterial strains  
Four bacterial strains were used in this study; *Escherichia coli* (MTCC443), *Staphylococcus aureus* (MTCC 96), *Streptococcus mutans* (ATCC35668), and *Lactobacillus casei* (ATCC 334).
7. Media used:
  - LB agar used for both *E. coli* and *S. aureus* (LB agar Lennox. Batch # 135416/236)
  - Brain heart infusion agar was used for *S. mutans* (BHI agar, LAB M. Batch # 129890/298)
  - MRS agar was used for *L. casei* (TMMEDIAMRS Agar. Batch# M1E6ES01).

### Methods

- According to the ethics guidelines, no ethical approval was needed as this article was not conducted on animals or humans
- No informed consent was needed as it was not conducted on humans.

### Preparation of the dry mass of propolis

Fifty grams of propolis resin were cut into small pieces and placed in 500 ml of 70% ethanol at room temperature. The mixture of propolis resin and ethanol was then placed in an automatic shaker (W.S. Ultrasonic Mixer, Tyler, Germany). It was then placed in a rotary evaporator (EYELA Model N1001 S-W2, RIKAKIKAI Company, Tokyo) that heats and evaporates the ethanol under vacuum at 50°C until dryness.

This process will remove the ethanol and any impurities will be separated leaving a precipitated dry mass of propolis [10]. The obtained dry mass was then placed in desiccators.

### Preparation of EEP for modifying the scaffold materials

The dry extracted matter was dissolved in 100 ml of 70% ethanol at room temperature and placed in an automatic shaker for 24 h. It was then filtered to obtain the EEP [10].

### Preparation of the scaffolds

About 20% by weight of tricalcium phosphate particles (500 microns in size) was mixed with 80% by weight of one of two different binders; alginate and gelatin or alginate and cellulose whiskers.

Group A: Tricalcium phosphate + (Alginate and gelatin)

Group B: Tricalcium phosphate + (Alginate and cellulose nano whiskers)

Each group was then divided into three subgroups;

A1: Scaffold material with no modification, A2: Scaffold material was modified by EEP (15% by weight), and A3: Scaffold material was modified by EEP (25% by weight).

B1: Scaffold material with no modification, B2: Scaffold material was modified by EEP (15% by weight), and B3: Scaffold material was modified by EEP (25% by weight).

### Antibacterial activity testing using agar disc diffusion test

The four pathogenic bacterial strains were used to determine the antibacterial activity of the six groups used in the study.

A total number of 24 (n = 24) scaffolds were cut into circular discs 1.4 cm in diameter, discs were divided into two Groups A and B (n = 12), each group was further subdivided into three subgroups (n = 4). Scaffolds were gently placed on the inoculated plates, in addition to a plate that has no disc (control plate).

Plates were then incubated at 37°C for 24 h. Zones of inhibition were determined by measuring the clear area formed around each disc the incubation period. The inhibitory zone was considered to be the shortest distance (mm) from the outer margin of the scaffold to the initial point of microbial growth [10], [11], [12]. The following test was repeated twice.

**Table 1: Materials used, batch number, brand name, and manufacturer**

Materials	Batch #	Brand name	Manufacturer
Tricalcium phosphate	2018005	Tricalcium phosphate	Nano Gate, Egypt
Alginate	130202	Cavex CA37	Cavex, Holland BV
Gelatin	Ge7207173515	Gelatin powder	PIOCHEM, Egypt
Cellulose nanowhiskers	2018004c	Cellulose nanowhiskers	Nano Gate, Egypt.

### Statistical analysis

The mean and standard deviation values were calculated for each group in each test. Data were explored for normality using Kolmogorov–Smirnov and Shapiro–Wilk tests. One-way ANOVA followed by Tukey *post hoc* test was used to compare between more than 2 groups in non-related samples. Independent sample t-test was used to compare between two groups in non-related samples.

## Results

### Within Group A

As shown in Tables 2-4 and Figures 1-3 *E. coli*, *S. aureus*, and *L. casei*; there was a statistically significant difference between the three subgroups. A statistically significant difference was found between the control A1 and each of the other two subgroups. Furthermore, a statistically significant difference was found between subgroups A2 and A3.

As shown in Table 5 and Figure 4 *S. mutans*; there was a statistically significant difference between the three subgroups. A statistically significant difference was found between the control A1 and each of the other two subgroups. While, between subgroups A2 and A3, there was no statistically significant difference.

**Table 2: The mean and standard deviation (SD) values against *Escherichia coli***

Variables	<i>Escherichia coli</i>				p-value
	A		B		
	Mean	SD	Mean	SD	
Pure material	0.00	0.00	0.00	0.00	1ns
With 15% propolis	0.85	0.21	0.98	1.48	0.831 <sup>ns</sup>
With 25% propolis	1.42	0.15	0.87	0.18	<0.001*
p-value	<0.001*		<0.001*		

Significant (p<0.05), ns: Non-significant (p>0.05).

### Within Group B

*E. coli*; there was no statistically significant difference between subgroups As shown in Table 2 and Figure 1.

**Table 3: The mean and standard deviation values against *Staphylococcus aureus***

Variables	<i>Staphylococcus aureus</i>				p-value
	Gelatin		Cellulose		
	Mean	SD	Mean	SD	
Pure material	0.00	0.00	0.00	0.00	1 <sup>ns</sup>
With 15% propolis	1.23	0.19	1.78	0.18	<0.001*
With 25% propolis	1.93	0.18	2.33	0.20	0.004*
p-value	<0.001*		<0.001*		

\*Significant (p<0.05), ns: Non-significant (p>0.05).

*S. aureus*, *S. mutans*, and *L. casei*; there was a statistically significant difference between the three subgroups. A statistically significant difference was found between the control B1 and each of the other two subgroups. Furthermore, between the subgroups B2 and B3, there was a statistically significant difference. As shown in Tables 3-5 and Figures 2 and 3.

**Table 4: The mean and standard deviation values against *Lactobacillus casei***

Variables	<i>Lactobacillus</i>				p-value
	Gelatin		Cellulose		
	Mean	SD	Mean	SD	
Pure material	0.00	0.00	0.00	0.00	1 <sup>ns</sup>
With 15% propolis	1.00	0.14	1.17	0.44	0.395 <sup>ns</sup>
With 25% propolis	1.82	0.12	2.10	0.14	0.004*
p-value	<0.001*		<0.001*		

\*Significant (p<0.05), ns: Non-significant (p>0.05).

### Between the two groups and subgroups

*E. coli* and *L. casei*; there was no statistically significant difference between subgroups A1 and B1. There was no statistically significant difference between subgroups A2 and B2. While, between subgroups A3 and B3, there was a statistically significant difference as shown in Tables 2, 4 and Figures 1 and 3.

**Table 5: The mean and standard deviation values against *Streptococcus mutans***

Variables	<i>Streptococcus mutans</i>				p-value
	A		B		
	Mean	SD	Mean	SD	
Pure material	0.00	0.00	0.00	0.00	1 <sup>ns</sup>
With 15% propolis	1.82	0.16	1.07	0.12	<0.001*
With 25% propolis	1.92	0.20	2.00	0.06	0.362 <sup>ns</sup>
p-value	<0.001*		<0.001*		

\*Significant (p<0.05), ns: Non-significant (p>0.05).

*S. aureus*; there was no statistically significant difference between subgroups A1 and B1. While, between subgroups A2 and B2, there was a statistically significant difference. Furthermore, between subgroups A3 and B3, there was a statistically significant as shown in Table 3 and Figure 2.

**Table 6: The mean and standard deviation values of scaffolds modified with ethanolic extract of propolis against Gram-positive and Gram-negative bacteria**

Variables	Antibacterial activity of scaffolds modified with ethanolic extract of propolis	
	Mean	SD
	Gram negative	1.029
Gram positive	1.681	0.466
p-value	<0.001*	

\*Significant (p<0.05), ns: Non-significant (p>0.05).

*S. mutans*; there was no statistically significant difference between subgroups A1 and B1. There was a statistically significant difference between

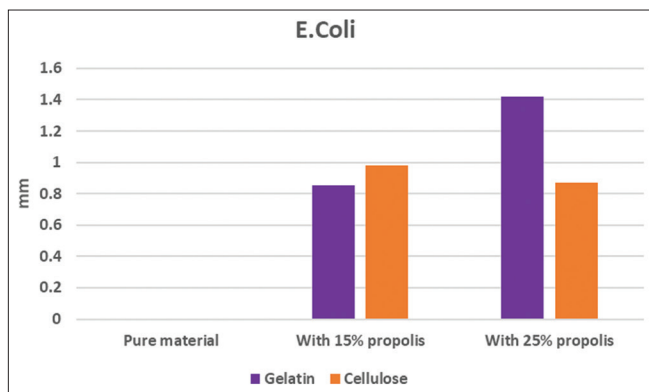


Figure 1: Bar chart representing antibacterial results between the subgroups of the two materials against *Escherichia coli*

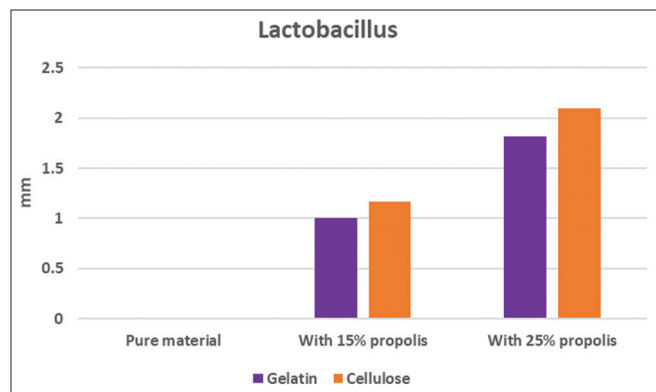


Figure 3: Bar chart representing antibacterial results between the subgroups of the two materials against *Lactobacillus casei*

subgroups A2 and B2. Between subgroups A3 and B3, there was no statistically significant difference as shown in Table 5 and Figure 4.

to produce implants with antibacterial activity against both Gram-positive and Gram-negative bacteria [14].

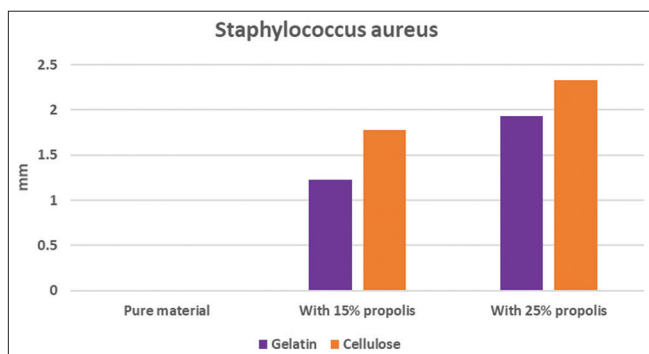


Figure 2: Bar chart representing antibacterial results between the subgroups of the two materials against *Staphylococcus aureus*

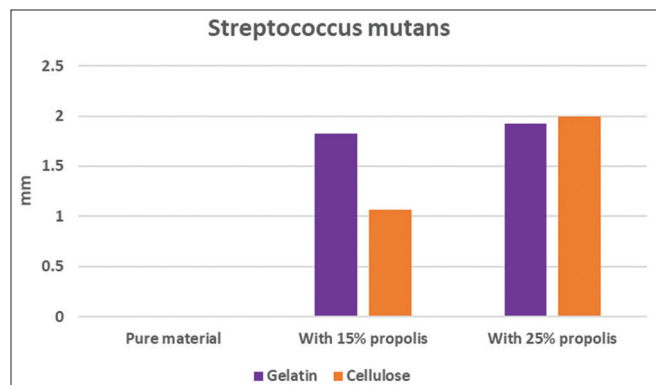


Figure 4: Bar chart representing antibacterial results between the subgroups of the two materials against *Streptococcus mutans*

Antibacterial activity of scaffolds modified with EEP against Gram-positive and Gram-negative bacteria. The antibacterial activity of the scaffolds modified with EEP against Gram positive was higher than their antibacterial activity against Gram-negative bacteria, with a statistically significant difference as shown in Table 6 and Figure 5.

Propolis is natural product; its biocompatibility has been proven combined with rare reports of allergic incidents. Its antibacterial properties can be attributed primary to its composition as it contains different compounds including ketones, alcohols, steroids, flavonoid, phenolic acids, phenolic aldehyde, and some inorganic compounds [15].

## Discussion

A variety of materials and manufacturing methods has been postulated to create novel alternatives to traditional bone grafts. Favorable material properties can be combined and bioactivity improved when groups of materials are used together in 3-D scaffolds [13]. For this reason in this study, composite scaffolds of tricalcium phosphate with alginate, cellulose, and gelatin binders were fabricated.

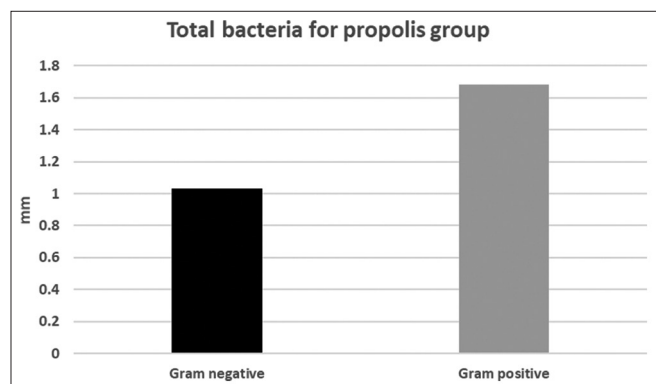


Figure 5: Bar chart representing antibacterial activity scaffolds modified with ethanolic extract of propolis against Gram-positive and Gram-negative bacteria

Ideally, biomaterials for bone regeneration should not only promote new tissue formation at the site of injury but also protect the wound against any related infections, which may cause prolonged inflammation and biomaterial failure [4], [14]. Thus, there is a great tendency in engineering of biomaterials

Accordingly, a trial to go back to nature was proposed; propolis was used to modify the antibacterial activity of the two pre-3D scaffold materials.

There are different forms of propolis; ethanolic and lyophilized. The most common technique for the

production of propolis extracts is the ethanol extraction (EEP), ethanol works as a solvent resulting in obtaining low wax propolis extract, rich in biologically active components [6], [15]. The 70% ethanol was used in the present study, as it enhances the antibacterial activity by extracting most of the active constituents of propolis, moreover, 70% aqueous solution is more effective at eradication of microorganisms than absolute ethanol, because 100% ethanol denatures external membrane proteins only while water facilitates diffusion through the cell membrane [16].

In the current study, both scaffold materials were modified with EEP 15% and 25% by weight, where 25% EEP mixture is the optimum concentration as it exhibits positive significant antibacterial activity without adversely affecting the mechanical properties, in addition, increasing the EEP incorporation more than 25% weakens the scaffold and negatively affects the physical properties of the mixture; it prolongs the working time and interferes with the network formation [17].

The antibacterial activity of the tested scaffold materials was assessed by the agar diffusion test. This test allows a direct comparison of the scaffolds antibacterial effect on the microorganisms. Moreover, it is simple, rapid, reproducible and enables handling of a range of sample quantities [18].

The test was conducted against *S. aureus* and *E. coli*, the most common bacterial strains isolated from infected bone [14], [19], [20], [21], *S. mutans* and *L. casei*, these bacterial strains were chosen due to their relevancy to surgical site infection in the oral cavity [21], [22].

The antibacterial activity of propolis should be considered on two levels; first through the direct action on the microorganism, second by stimulation of the immune system resulting in activation of natural defense of the organism. This is done through its effect on the permeability of the cellular membrane of microorganism, disruption of membrane potential, and adenosine triphosphate production as well as decreasing bacterial mobility [23].

This might explain the demonstrated antibacterial effect of EEP addition on the four types of used bacteria in both Groups A and B scaffold materials and it is supported by studies utilizing propolis proving its antibacterial activity against both Gram-positive and Gram-negative bacteria. The efficacy of propolis for inhibition of the activity of glycosyltransferase enzyme of *Streptococcus circuits*, *S. mutans*, and *Streptococcus sobrinus* has been confirmed *in vivo* and *in vitro* [24].

Researchers also evaluated the antibacterial activity of propolis against some anaerobic oral pathogens and confirmed that its effectiveness against *Lactobacillus acidophilus*, *Actinomyces naeslundii*, *Prevotella oralis*, *Prevotella melaninogenica*,

*Porphyromonas gingivalis*, *Fusobacterium nucleatum*, and *Veillonella parvula*, mainly due to the presence of flavonoids and aromatic compounds such as caffeic acid in its composition [25].

It was observed in this study that the Gram-positive bacteria showed a higher mean value than that of Gram negative with a statistically significant difference. This was in accordance with Moreno *et al.* in 1999 [26], they concluded that propolis samples were active only against Gram-positive bacteria and some fungi. Furthermore, Sforcin *et al.* in 2000 [27] proved its weak activity against Gram-negative bacteria. On the other hand, Ozan *et al.* in 2007 [28] investigated the antibacterial effect of an experimental propolis solution, results showed a significant effect on Gram-positive strains as on Gram-negative strains. This is explained by the species-specific structure of the outer membrane of the Gram-negative bacteria and the production of hydrolytic enzymes which break down [29].

According to the results in this study, there was a significant difference between Group A and Group B regarding their antibacterial effect against the four tested bacterial species, this might be due to the high adhesion properties of the cellulose nano whiskers and the slow degradability of cellulose that makes it more difficult to attack by enzymes present in the microbial cells [30].

## Conclusions

Based on the results of the following study, it can be concluded that EEP had a significant effect on the antibacterial activity of both scaffold materials; the antibacterial activity was higher against Gram-positive bacteria. *In vivo* studies are required to assess the immune response against tested scaffold materials.

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