






Overall Survival and Related Factors of Advanced-stage Epithelial Ovarian Cancer Patients Underwent Debulking Surgery in Jakarta, Indonesia: A Single-center Experience

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Abstract

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AIM: The worrisome prognosis of advanced-stage epithelial ovarian cancer (EOC) needs a new perspective from developing countries. Thus, we attempted to study the 5-year overall survival (OS) of advanced-stage EOC patients who underwent debulking surgery in an Indonesian tertiary hospital.

METHODS: A retrospective study recruited forty-eight subjects between 2013 and 2015. We conducted multiple logistic regression analyses to predict risk factors leading to unwanted disease outcomes. The OS was evaluated through the Kaplan–Meier curve and Log-rank test. Cox proportional hazards regression examined prognostic factors of patients.

RESULTS: Prominent characteristics of our patients were middle age (mean: 51.9 ± 8.9 years), obese, with normal menarche onset, multiparous, not using contraception, premenopausal, with serous EOC, and FIGO stage IIIC. The subjects mainly underwent primary debulking surgery (66.8%), with 47.9% of all individuals acquiring optimal results, 77.1% of patients treated had the residual disease (RD), and 52.1% got adjuvant chemotherapy. The risk factor for serous EOC was menopause (odds ratio [OR] = 4.82). The predictors of suboptimal surgery were serous EOC (OR = 8.25) and FIGO stage IV (OR = 11.13). The different OS and median survival were observed exclusively in RD, making it an independent prognostic factor (hazard ratio = 3.50). 5-year A five year OS and median survival for patients with advanced-stage EOC who underwent debulking surgery was 37.5% and 32 months, respectively. Optimal versus suboptimal debulking surgery yielded OS 43.5% versus 32% and median survival of 39 versus 29 months. Both optimal and suboptimal debulking surgery followed with chemotherapy demonstrated an OS 40% lower than those not administered (46.2% and 20%, respectively). The highest 5-year OS was in serous EOC (50%). Meanwhile, the most extended median survival was with mucinous EOC (45 months).

CONCLUSION: Chemotherapy following optimal and suboptimal debulking surgery has the best OS among approaches researched in this study. RD is a significant prognostic factor among advanced-stage EOC. Suboptimal surgery outcomes can be predicted by stage and histological subtype.

Introduction

Ovarian cancer is the eighth most insidious malignancy among women in 2020 [1], accounting for nearly 4% of cancers in women worldwide [2]. Approximately 90% of cases across the world are epithelial ovarian cancer (EOC) [3], with most of the patients (75%) diagnosed at an advanced-stage owing to the dearth of adequate screening strategies and vague symptoms [4]. Ovarian cancer has a poor prognosis [5] and is a significant cause of mortality in third place among women with gynecological cancers in 2020 [1]. In Asia/Pacific, the cases of ovarian cancer were 9.2/100,000 [6], and in Indonesia, the incidence and mortality are the third-highest, accounting for 7% of malignancy in women, with 9581/14,896 deaths in 2020 [7]. The latest

cancer data in Indonesia is still limited; the incidence was 4.27/100,000 cancer of ovarian cancer between 2005 and 2007 [8].

Based on the stage, more patients are diagnosed with advanced-stage cancer due to the lack of specific symptoms and hidden growth of early-stage EOC, along with lack of proper screening [2], [9]. The 5-year overall survival (OS) rate in EOC patients reaches 49%. Most patients with stage III or IV EOC have a 5-year OS rate of only 19–47%, while stage I has a 5-year survival rate of 90% [9]. The survival rate in EOC patients is highly dependent on the amount of tumor tissue left. The smaller the remaining tissue, the higher the survival rate. Recently, the standard treatment is still cytoreductive surgery to improve the survivability of advanced-stage EOC patients, with either primary or interval debulking surgery following neoadjuvant chemotherapy (NAC-IDS) [9]. The main

goal of this procedure is to remove as much cancer tissue as possible, including all metastatic tissue.

The tremendous morbidity and mortality of EOC demand a new view from developing countries, where ovarian cancer survival rates are rarely studied. However, Indonesia still lacks comprehensive reports discussing the epidemiological characteristics of this cancer. To the best of the authors' knowledge, no previous study investigated the characteristics, risk factors, prognosis, and survival of EOC in Indonesia. Thus we attempted to characterize the Indonesian patient's clinicopathological, prognostic, and OS aspects of patients with advanced-stage EOC who underwent debulking surgery at a tertiary hospital in Indonesia based on clinical, histopathological, surgical, and chemotherapy parameters.

Materials and Methods

This study is a retrospective cohort study method in a tertiary healthcare center; Dr. Cipto Mangunkusumo Hospital, Indonesia, from August 2019 until January 2020 using consecutive sampling and including 48 of 53 patients who were diagnosed with advanced-stage EOC who underwent debulking surgery from 2013 until 2015 performed by experienced gynecological oncologists as the sample population. The health research and ethical committee approved the procedures of this research, as laid in the release by the Ethics Committee of Faculty of Medicine, Universitas Indonesia (0614/UN2.F1/ETIK/2018). Patients with comorbidities, pathology reviews showing borderline tumor, and secondary EOC from metastases were excluded in this study. Three patients with comorbidities were excluded because it will be a confounding factor in determining the cause of death, and two patients had metastasis of ovarian cancer from colorectal cancer. The patient was still included in this study sample when there were complications during surgery, such as intestinal perforation or other surrounding organ injuries. The clinicopathological parameters included age, Asia-Pacific standard body mass index (BMI), marital status, the onset of menarche, parity, contraception history, menopausal status, histopathology of EOC, and tumor stage on The International Federation of Gynecology and Obstetrics (FIGO) were analyzed descriptively. Furthermore, we evaluated treatments profiles, including debulking surgery status, debulking surgery type, residual disease (RD) status, its volume, and neoadjuvant and adjuvant chemotherapy status (including numbers of cycles and regimens) compared according to the stage. The definition of RD volume used in this study is 0 cm, microscopic, <1 cm, and ≥ 1 cm [10], [11]. We considered debulking optimal if it leaves <1 cm of RD. Researchers followed up on

the patient's conditions after surgery through medical records and death resumes and directly contacted the patient's or family by phone to acquire the patient's condition 5 years after the operation.

We collected data samples in Microsoft Excel and conducted statistical analyses using SPSS v24.0. Baseline characteristics were presented as descriptive data, and treatment profiles were compared using the Chi-square or Fisher's exact test and Kruskal-Wallis as alternative tests. Then we conducted multiple logistic regression analyses to determine risk factors for serous-type EOC and predictors of suboptimal debulking surgery [12]. We used the Kaplan-Meier curve to generate the 5-year OS analysis according to age, obesity, staging, debulking status, cytoreductive surgery type, RD, adjuvant chemotherapy, a combination of surgery and chemotherapy, histopathology, and serous/non-serous type [13], [14]. The median survival difference between those groups was examined using the Mantel-Cox Log-Rank test [11]. Prognostic factors that meet the proportional hazard (PH) assumption (if the curve lines between groups do not intersect) were included in bivariate Cox regressions to identify significant factors in overall populations. The multivariate analysis will include variables with $p < 0.25$ [13]. Data were described as p-value, odds ratio (OR), log-rank analysis, hazard ratio (HR), and 95% confidence interval (95%CI).

Results

In total, 48 subjects with advanced-stage EOC were recruited during the study in the final analysis, with characteristics illustrated in Table 1. The most common age group was 41–50 years old. According to FIGO, most patients were diagnosed with stage IIIC EOC. Comparing the five subtypes, the three most common histologic subtypes were serous-, clear cell-, and endometrioid carcinoma, but when only comparing the two main subtypes (serous and non-serous EOC), more than half of cases were diagnosed with non-serous EOC. Almost sixty percent of EOC patients were obese. About ninety percent of the patients were married and never used contraception. Half of the subjects were multiparous and were menopausal. All patients had menarche within the age of 12–16 years.

The clinicopathological and therapy profile according to the stage are presented in Table 2. It showed that >50% of subjects in either stage were elderly patients. Diagnosis for stage III patients was predominantly serous EOC (48.6%), while stage IV patients predominantly suffered from clear cell EOC (45.5%). About half of the patients experienced optimal cytoreductive surgery, and two-third of cases underwent primary debulking surgery (PDS). Almost eighty percent of cases had no RD. Post-surgical chemotherapy was given in half of

Table 1: Baseline characteristics of subjects (n = 48)

Characteristics	Total		Median (min–max) or Mean ± SD
	n	%	
Age (years)			51.9 ± 8.9
31–40	4	8.3	
41–50	18	37.5	
51–60	17	35.4	
≥60	9	18.8	
BMI (kg/m ²)			24.5 ± 3.6
Underweight (<18.5)	2	4.2	
Normal (18.5–22.9)	11	22.9	
Overweight (23–24.9)	8	16.7	
Obese (≥25)	27	56.3	
Marital Status			
Unmarried	6	12.5	
Married	42	87.5	
Age of Menarche (years)			13.5 (12–15)
<12 (early)	0	0	
12–16	48	100	
≥16	0	0	
Parity			1.0 (0–7)
Nulliparity (0)	16	33.3	
Primiparity (1)	9	18.8	
Multiparity (>1)	23	47.9	
Contraception History			
Never use contraception	43	89.5	
Injection	2	4.2	
Intrauterine Device	2	4.2	
Pill	1	2.1	
Implant	0	0	
Sterile	0	0	
Menopausal Status			
No	25	52.1	
Yes	23	47.9	
Histopathology of EOC			
Serous	22	45.8	
Non-Serous	26	54.2	
Mucinous	3	6.3	
Clear cell	14	29.2	
Endometrioid	1	2.1	
Seromucinous	8	16.7	
FIGO staging			
IIIA	2	4.2	
IIIB	3	6.3	
IIIC	32	66.7	
IIVA	6	12.5	
IIVB	5	10.4	

BMI: Body mass index, EOC: Epithelial ovarian cancer, FIGO: International Federation of Gynecology and Obstetrics.

the patients; meanwhile, chemotherapy prior to surgery was administered in one-third of cases (thus having the management classified as NAC-IDS). Carboplatin-paclitaxel has become the primary regimen for chemotherapy. According to staging, a marked difference was noted in debulking surgery status ($p < 0.05$), type of surgery ($p < 0.01$), RD ($p < 0.01$), RD volume ($p < 0.001$), and use of NAC ($p < 0.05$). Nevertheless, no difference was found in adjuvant administration and adjuvant chemotherapy cycles, and regimens were found.

The multivariate logistic regression analysis of several factors contributing to serous EOC is constructed in Table 3—menopausal status (OR = 4.82, $p < 0.05$) became the only factor related to having advanced-stage serous ovarian cancer. Meanwhile, older age, which became a potential factor in the unadjusted model, was not statistically significant after multivariate analysis. Several factors predicting suboptimal debulking surgery are summarized in Table 4. Two significant predictors were serous EOC (OR=8.25, $p < 0.01$) and patients with stage IV EOC (OR = 11.13, $p < 0.05$).

Univariate analysis of 5-year OS in Table 5 demonstrated no difference in median survival between age groups, obesity, staging, debulking status, debulking type, chemotherapy following surgery, adjuvant therapy, and histopathology subtype, except the RD ($p < 0.01$).

Table 2: Clinicopathological and profile treatments of subjects (n = 48) according to FIGO staging

Treatments profile	Stage III		Stage IV		Total		p-value
	n	%	n	%	n	%	
Age (years)							
<50	16	43.2	4	36.4	20	41.7	0.741 ^a
≥50	21	56.8	7	63.6	28	58.3	
Histopathology of EOC							
Serous	18	48.6	4	36.4	22	45.8	0.465 ^b
Mucinous	3	8.1	0	0.0	3	6.3	
Clear cell	9	24.3	5	45.5	14	29.2	
Endometrioid	6	16.2	2	18.2	8	16.7	
Seromucinous	1	2.7	0	0.0	1	2.1	
Two Main Histopathology Subtypes of EOC							
Serous	18	48.6	4	36.4	22	45.8	0.473 ^c
Non-serous	19	51.4	7	63.6	26	54.2	
Debulking Surgery Type							
NAC-IDS	7	18.9	8	72.7	15	31.2	0.002 ^a
PDS	30	81.1	3	27.3	33	66.8	
Debulking Surgery Status							
Optimal	21	56.8	2	18.2	23	47.9	0.025 ^c
Suboptimal	16	43.2	9	81.8	25	52.1	
Presence of RD							
No	33	89.2	4	36.4	37	77.1	0.001 ^a
Yes	4	10.8	7	63.6	11	22.9	
RD volume							
No	33	89.2	4	36.4	37	77.1	0.000 ^b
Milliary/Microscopic	1	2.7	1	9.1	2	4.2	
<1 cm	0	0.0	0	0.0	0	0	
≥1 cm	3	8.1	6	54.5	9	18.8	
NAC							
Yes	7	18.9	8	72.7	15	31.2	0.002 ^a
No	30	81.1	3	27.3	33	68.8	
NAC Regimens							
Carboplatin/Paclitaxel	6	85.7	8	100	14	93.3	0.467 ^a
Carboplatin/Docetaxel	1	14.3	0	0.0	1	6.7	
Number of NAC Courses							
3	3	42.9	5	62.5	8	53.3	0.377 ^b
4	1	14.3	2	25.0	3	20.0	
5	2	28.6	0	0.0	2	4.2	
≥6	1	14.3	1	12.5	2	4.2	
Adjuvant Chemotherapy							
Yes	19	51.4	6	54.5	25	52.1	0.852 ^c
No	18	48.6	5	45.5	23	47.9	
Adjuvant Chemotherapy Regimens							
Carboplatin/Paclitaxel	18	94.7	5	83.3	23	92.0	0.344 ^b
Carboplatin/Docetaxel	1	5.3	0	0.0	1	4.0	
Gemcitabine/Oxaliplatin	0	0.0	1	16.7	1	4.0	
Number of Adjuvant Chemotherapy Courses							
3	4	25.0	2	40.0	6	28.6	0.774 ^b
4	1	6.3	0	0.0	1	4.7	
5	1	6.3	0	0.0	1	4.7	
≥6	10	62.5	3	60.0	13	62.0	

^aFischer exact test, ^bKruskal-Wallis, ^cChi-square. RD: Residual disease, PDS: Primary debulking surgery, NAC-IDS: Neoadjuvant chemotherapy followed by interval debulking surgery, EOC: Epithelial ovarian cancer, RD: Residual disease, FIGO: International Federation of Gynecology and Obstetrics.

After performing analysis to create Kaplan-Meier curves, the overall 5-year survival analysis for stages III-IV EOC patients and subanalysis based on age, obesity status, and staging are depicted in Figure 1. The median follow-up in our study was 60 months. Median survival is 32 months, with OS being 37.5% for all stages III-IV EOC. For patients <50 years and ≥50 years, the OS was 40% and 35.7%, respectively, with a corresponding median survival of 39 and 29 months. The OS of obese patients was 37% compared to 38.1% in non-obese patients, with an equal median survival of 32 months. Stage III and IV EOC patients had OS 40.5% and 27.3%, with 32 and 31 months median survival.

It can also be seen that the lines between groups of age status did not intersect the curve line. Thus the PH assumption was approved with HR 1.34 ($p = 0.429$). Meanwhile, both obesity status and staging groups intersect the line, so their curve does not meet the PH assumption.

Survival analysis was done between patients with optimal and suboptimal debulking surgery, as

Table 3: Risk factors for serous carcinoma of advanced-stage EOC in histopathology

Factors	Histopathology, n (%)		Unadjusted OR (95%CI)	p-value	Adjusted OR (95%CI)	p-value
	Non-Serous	Serous				
Age (years)						
<50	15 (57.7)	5 (22.7)	Ref		Ref	
≥50	11 (42.3)	17 (77.3)	4.64 (1.31–16.42)	0.014 ^b	2.22 (0.38–13.04)	0.377 ^d
Obesity status						
Obese	15 (57.7)	12 (54.5)	Ref		-	
Non obese	11 (42.3)	10 (45.5)	1.14 (0.36–3.57)	0.827 ^b	-	n/a
Marital Status						
Unmarried	5 (19.2)	1 (4.5)	Ref		Ref	
Married	21 (80.8)	21 (95.5)	5.00 (0.54–46.53)	0.199 ^c	3.29 (0.32–33.69)	0.317 ^d
Parity						
Nulliparous (0)	11 (42.3)	5 (22.7)	Ref		Ref	
Parous (≥1)	15 (57.7)	17 (77.3)	2.49 (0.70–8.83)	0.152 ^b	1.22 (0.25–5.92)	0.809 ^d
Contraception History						
Never use contraception	24 (92.3)	19 (86.4)	Ref		-	
Using contraception	2 (7.7)	3 (13.6)	1.89 (0.29–12.51)	0.649 ^b	-	n/a
Menopausal status						
No	18 (69.2)	7 (31.8)	Ref		Ref	
Yes	8 (30.8)	15 (68.2)	4.82 (1.42–16.40)	0.010 ^b	4.82 (1.42–16.40)	0.012 ^d

^bBivariate analysis using Mantel-Haenszel odds ratio estimate, any associated factors with $p \leq 0.20$ were deemed eligible for inclusion in the multivariate analysis model, ^cChi-square, ^dFisher's Exact Test, ^eMultivariate logistic regression analysis, 95%CI (95% confidence intervals). Percentage of total column, EOC: Epithelial ovarian cancer, OR: odd ratio

seen in Figure 2. The OS patients undergoing optimal compared to suboptimal debulking surgery were 43.5% versus 32%, with a median survival of 39 and 29 months with HR was 1.45 ($p = 0.316$). Furthermore, the OS patients undergoing NAC-IDS compared to PDS were 46.7% versus 31.3%, with a median survival of 41 and 29 months, respectively, and HR was 1.57 ($p=0.277$). Moreover, the OS and median survival in patients with the RD was 9.1% and 39 months, compared to no RD was 45.9% and 2 months.

According to Figure 3, the OS for the patient given adjuvant therapy was 40% compared to 34.8% for those without adjuvant, HR 1.38 ($p = 0.380$). The median survival respectively were 39 and 29 months. The deep analysis concerning debulking surgery combined with chemotherapy, patients who underwent optimal debulking surgery, followed by adjuvant chemotherapy, obtained an OS of 40%. In contrast, patients who were not given adjuvant chemotherapy obtained a higher 5-year survival of 46.2%, with a median survival of 32 months and 39 months. Patients who underwent suboptimal debulking surgery following adjuvant chemotherapy obtained an OS rate of 40% and 20% in patients not given, with a median survival of 39 months and 2 months, respectively.

In Figure 4, patients with seromucinous EOC obtained a 5-year OS of 100%, while for serous,

mucinous, endometrioid, and clear cells ovarian cancer, respectively, the OS was 50%, 33.3%, 25%, and 21.4%. Due to the lack of samples for seromucinous ovarian cancer, the analysis of median survival rate excluded the case with seromucinous EOC. The median survival of serous, mucinous, clear cells and endometrioid EOC cases were 39, 45, 31, and 24 months, respectively. Moreover, comparing the two main subtypes, serous and non-serous subtypes had an OS rate and median survival of 50% versus 24% and 39 months versus 29 months, respectively.

In Table 6, variables that meet the PH assumption were included in bivariate analysis. Only RD becomes a significant independent prognostic factor to include in multivariate analysis ($p < 0.25$). The HR value was 3.50 ($p < 0.01$).

Discussion

Demographic and risk factors

The incidence of EOC increases with age and varies with race [15]. However, the clinicopathological features of EOC have rarely been reported in the Asia-Pacific region and were restricted to reports

Table 4: Predictors for suboptimal debulking surgery

Factors	Debulking Surgery, n (%)		Unadjusted OR (95%CI)	p-value	Adjusted OR (95%CI)	p-value
	Optimal	Suboptimal				
Age (years)						
<50	11 (47.8)	9 (36.0)	Ref		-	
≥50	12 (52.2)	16 (64.0)	1.63 (0.51–5.18)	0.406 ^b	-	n/a
Obesity status						
Non obese	13 (56.5)	14 (56.0)	Ref		-	
Obese	10 (43.5)	11 (44.0)	1.02 (0.33–3.20)	0.971 ^b	-	n/a
Histopathology						
Non-Serous	17 (73.9)	9 (36.0)	Ref		Ref	
Serous	6 (26.1)	16 (64.0)	5.04 (1.46–17.38)	0.008 ^b	8.25 (1.96–34.63)	0.004 ^d
FIGO Stage						
III	21 (91.3)	16 (64.0)	Ref		Ref	
IV	2 (8.7)	9 (36.0)	5.91 (1.12–31.20)	0.025 ^b	11.13 (1.71–72.70)	0.012 ^d
NAC use						
No	18 (78.3)	15 (60.0)	Ref		Ref	
Yes	5 (21.7)	10 (40.0)	2.40 (0.67–8.58)	0.173 ^b	0.91 (0.16–5.03)	0.912 ^d

^bBivariate analysis using Mantel-Haenszel odds ratio estimate, any associated factors with $p \leq 0.20$ were deemed eligible for inclusion in the multivariate analysis model, ^cChi-square, ^dFisher's Exact Test, ^eMultivariate logistic regression analysis, 95%CI (95% confidence intervals). Percentage of total column, NAC: Neoadjuvant chemotherapy, FIGO: International Federation of Gynecology and Obstetrics, OR: odd ratio

from Western regions. Thus, we compiled a dataset from a leading referral hospital in Indonesia during a 7-year study. The results may allude to the distinctive characteristics of the southeast Asian populations regarding ovarian cancer. Our study observed that demographic profiles acting as predisposing factors to ovarian cancer include: age, BMI, marital status, age of menarche, parity, contraception history, contraception use, and menopausal status.

Table 5: Univariate analysis of overall survival based on clinicopathological characteristics and treatment profiles

Characteristics	Total, n	Death n (%)	Mean survival (months)	Median survival (months)	p-value ^a
Overall cases	48	30 (62.5)	34.13	32.00	
Age Groups (years)					
<50	20	12 (60.0)	39.00	39.00	0.419
≥50	28	18 (64.3)	30.64	29.00	
Obesity status					
Non obese	21	13 (61.9)	33.95	32.00	0.940
Obese	27	17 (63.0)	34.26	32.00	
FIGO Staging					
III	37	22 (59.5)	35.27	32.00	0.441
IV	11	8 (72.7)	30.27	31.00	
Debulking Surgery Type					
NAC-IDS	15	8 (53.3)	40.67	41.00	0.212
PDS	32	22 (68.7)	30.25	29.00	
Debulking Surgery Status					
Optimal	23	13 (56.5)	37.52	39.00	0.304
Suboptimal	25	17 (68.0)	31.00	29.00	
Debulking Surgery					
Interval, Optimal	5	2 (40.0)	45.00	31.00	0.369
Interval, Suboptimal	10	6 (60.0)	38.50	32.00	
Primary, Optimal	18	11 (61.1)	35.44	26.00	
Primary, Suboptimal	15	11 (73.3)	26.00	32.00	
Presence of RD					
No	37	20 (54.1)	39.70	39.00	0.001
Yes	11	10 (80.9)	15.36	2.00	
Adjuvant Chemotherapy Post					
Debulking Surgery					
Optimal debulking continue with adjuvant therapy	10	6 (60.0)	36.20	32.00	0.086
Optimal debulking without adjuvant therapy	13	7 (53.8)	38.54	39.00	
Suboptimal debulking continue with adjuvant therapy	15	9 (60.0)	39.47	39.00	
Suboptimal debulking without adjuvant therapy	10	8 (80.0)	18.30	2.00	
Adjuvant Chemotherapy					
Yes	25	15 (60.0)	38.16	39.00	0.369
No	23	15 (65.2)	29.74	29.00	
Histopathology of EOC					
Serous	22	11 (50.0)	37.41	39.00	0.470
Mucinous	3	2 (66.7)	39.00	45.00	
Clear cell	14	11 (78.6)	29.07	31.00	
Endometrioid	8	6 (75.0)	28.88	24.00	
Seromucinous	1	0 (0)	n/a	n/a	
Two Main Histopathology Subtypes of EOC					
Serous	22	11 (50.0)	37.41	39.00	0.155
Non-serous	25	19 (76.0)	30.20	29.00	

^aLog rank test in Kaplan-Meier, RD: Residual disease, PDS: Primary debulking surgery, NAC-IDS: Neoadjuvant chemotherapy followed by interval debulking surgery, EOC: Epithelial ovarian cancer, FIGO: International Federation of Gynecology and Obstetrics.

Age

Subjects ranged from 32 to 68 years old (mean 51.9 ± 8.9 years). Globally, ovarian cancer cases are predominantly diagnosed in the elderly. EOC is an age-related disease and is primarily postmenopausal [16]. However, in our study, most patients were still in their productive age with equal proportion for menopausal status groups. We found younger age incidences of EOC than in other developing countries, such as 52.3 years in Thailand [17] and 53 years in China [18]. The discrepancy in the age at diagnosis involves the

influence of race/ethnicity on hormonal and cancer attributes, along with histological subtypes [19].

Obesity

In addition, more than half of our patients were obese, which corresponded to an increased chance of getting ovarian cancer, related to the transformation of androgen in the peripheral tissues [2]. Our result is consistent with prior studies, in which, using the same BMI cut-off for the Asian population, investigators yielded a result EOC patients suffering from obesity of 41.4% proportion in Indonesia [20] and 32% proportion in Thailand [17]. Rodriguez *et al.* [21] wrote on a 36% increase in the chance of ovarian cancer among women with obesity.

Marital status

Most patients were married and multiparous in the current study, similar to a prior study [22], but showed no statistically significant difference with a proportion similar to the Thailand population (71.5%) [17]. According the reference unmarried women are nulliparous and associated with a condition of continuous ovulation, which increases the likelihood of ovarian malignancy (OR = 1.13) [23].

Age of menarche

In this study, all patients had a history of menarche within the typical age range, consistent with the average menarche age in Indonesia was 12–16 years [24]. Our study followed the definition of early menarche as menarche before 12 years [25] and late menarche as menarche at 16 years or above [26]. Several analyses revealed an association between the early start of menarche and the chance of ovarian cancer [27], [28]; meanwhile, others inferred a less powerful association between the risk of ovarian cancer and menarche onset [29], [30]. Early menarche is related to an earlier start of the ovulatory cycles and, reflecting pubertal hormonal levels, manages to maintain higher luteal phase estradiol and progesterone [29]. Women with delayed age at menarche may have additional years of low-level estrogen and progesterone inciting their ovarian epithelium, diminishing the chance of the cells acquiring genetic damage [29].

Parity

Thirty-three percent of our study are nulliparous women, similar to proportions from a study in Thailand (35.5%) [17]. A study stated that nulliparous individuals carried a 24% higher chance of ovarian cancer than multiparous women, with a 68% higher risk of clear cell EOC [31]. Nulliparity also relates to infertility,

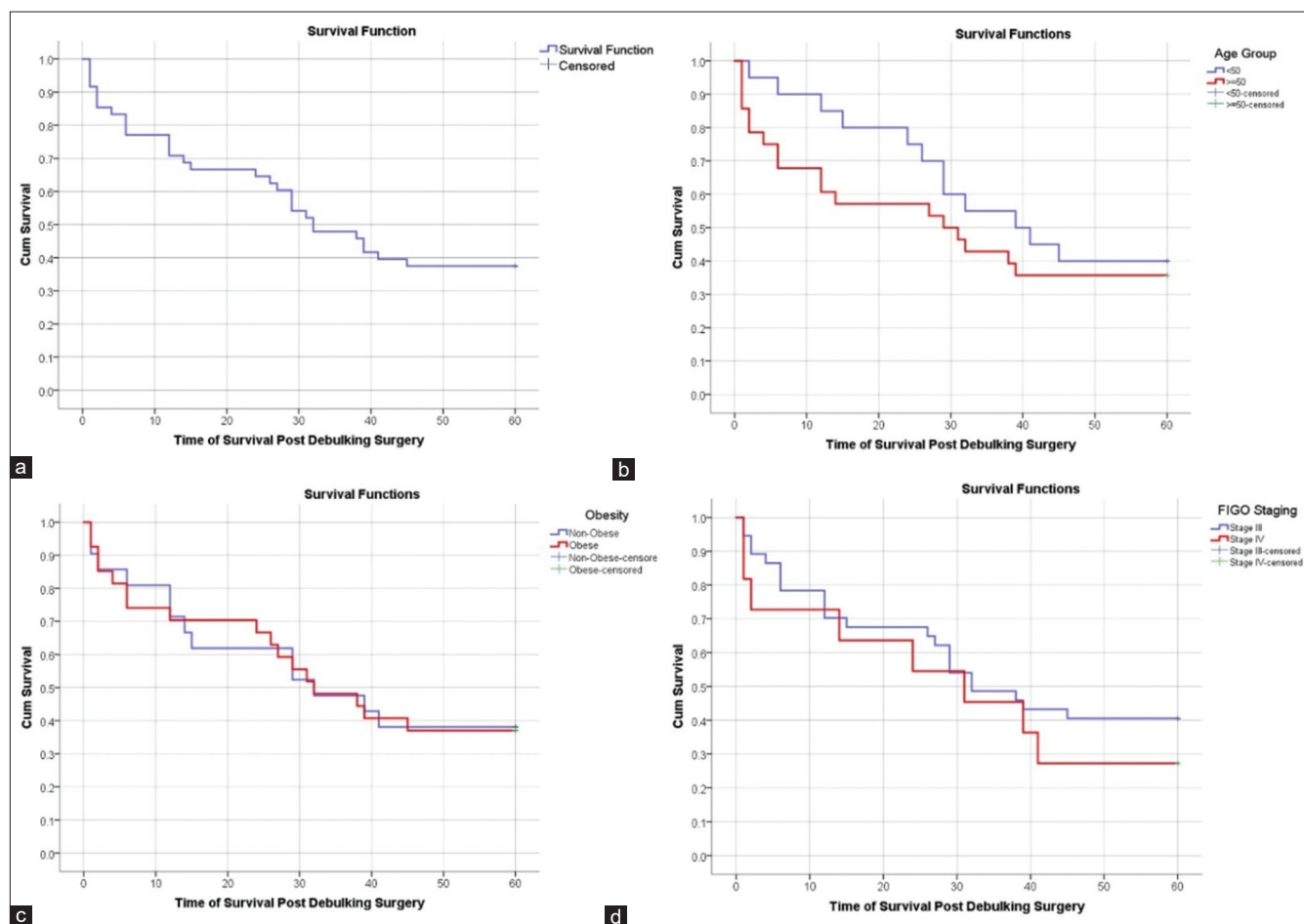


Figure 1: Kaplan Meier curve of 5-year overall survival for (a) advanced-stage epithelial ovarian cancer in general, (b) based on age, (c) according to obesity status, (d) based on FIGO staging in a tertiary hospital, Indonesia

with the adjusted HR of ovarian cancer being 1.53, corresponding to fertile women [18]. This association suggested several mechanisms, including enhanced oxidative stress provoked by retrograde menstruation and microenvironmental transformations that facilitates carcinogenesis [32]. This is also supported by the idea of incessant ovulation, noting that ovarian epithelial deterioration occurs over time when ovulation emerges, directing to neoplastic transformation. This view explains why patients with parity are submitted to half the risk of having ovarian cancer due to the cancellation of continuous ovulatory cycles [33]. Pregnancy suppresses pituitary gonadotropin secretion [34], and there might be a pause in the ovulation cycles and an upsurge in progesterone hormone, yielding a protective impact against ovarian cancer [35]. Pregnancy and lactation may interfere with the pro-inflammatory environment of an endless ovulation cycle by altering the hormonal environment or removing pre-cancerous cells from the ovary [36].

Contraception

The risk of ovarian cancer grew among non-users of oral contraceptives (OCs) [37]. Hormonal contraceptives offered a protective impact on ovarian

cancer by confining repeated ovulation cycles [36], thus preventing the mutation of the *p53* gene in carcinogenesis [38]. The three common contraceptives methods used among women in our study were injection, intrauterine device (IUD), and OCs. Although OCs are potent against ovarian cancer, it is vague how long it lasts. There was a 38% reduction in the new cases of ovarian cancer with ≥ 10 years of OCs use [37]. Moreover, OCs reduce endogenous androgen and estrogen levels but increase circulating progesterone levels [34]. Opposing OCs, IUD users were reported to show an increased risk for experiencing ovarian cancer against non-users (RR = 1.76). IUD was correlated with the occurrence of serous (RR = 2.17) and endometrioid (RR = 2.40) EOCs [37]. IUD may boost peritoneal inflammation, augmenting the chance of ovarian cancer [39].

Menopausal status

Ovarian cancer is most frequently diagnosed in postmenopausal women, possibly due to estrogen transducing the pro-metastatic pathways via nuclear estrogen receptors (ER) [40], particularly in those who received estrogen. After menopause, a transformation occurred in the proportions of the two sex hormones

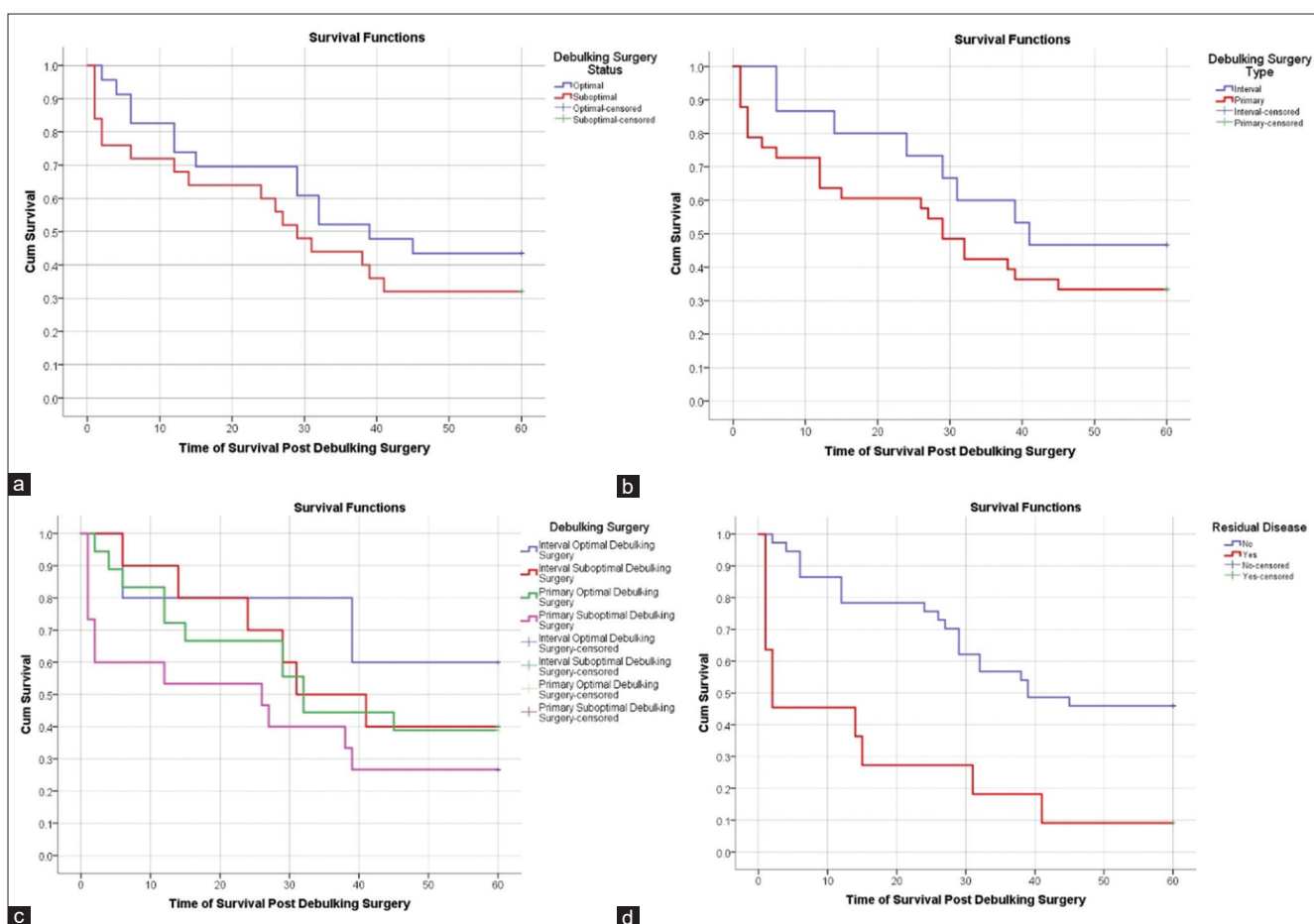


Figure 2: Kaplan Meier curve of 5-year overall survival regarding (a) debulking surgery status, (b) debulking surgery type, (c) debulking surgery status and type, and (d) presence of residual disease

directing more estrogen levels, increasing the chance of conceiving ovarian cancer [41]. Nevertheless, in our research, the proportion of premenopausal women was higher than menopausal women with EOC, possibly due to fewer samples or ethnic differences in hormonal, cancer, and histology characteristics similar to prior Asian studies [19]. Moreover, menopause is more related to age (>50 years) and does not directly cause ovarian cancer [41].

Stage differences

According to the FIGO staging classification, most subjects entering this study were in stage IIIC (66.7%), similar to a prior study in Bandung, Indonesia, in 2019 [20]. More than 50% were elderly patients. The number of cases with FIGO stage III-IV in both groups was higher than previous studies, which discovered that 90% of older women with ovarian cancer had an advanced-stage disease [42]. Comparing the five subtypes, most serous EOC patients were diagnosed at an advanced-stage due to generally being asymptomatic [43]. Patients with stage III were more often diagnosed with serous subtype than clear cell EOC in which more common in stage IV EOC. Literature proved that clear cell or mucinous tumors were more common in stage IV and were found with a remarkably

worse prognosis than other histologic subtypes [44]. Moreover, patients with clear cell tumors are more likely to be Asian [45]. Patients with PDS were more often stage III than patients who got NAC-IDS, which was higher in stage IV. The level of primary cytoreduction accomplished is conceivably the most crucial prognostic factor impacting the eventual destiny of the patient [46]. Of those who underwent primary cytoreductive surgery, optimal cytoreduction was achieved in 47.9%. Suboptimal debulking surgery was significantly more often undergone by stage IV patients with EOC than stage III. The extent and complication of the surgery are directly commensurate with the cancer stage. Advanced cancers have a reduced likelihood of surgery success due to multiple metastatic foci, which often averts complete cytoreduction [40]. A complete gross resection to no macroscopic RD was accomplished in 77.1% of cases. RD was significantly greater in stage IV with ≥ 1 cm in volume. In the present study, of the 48 patients, two-third of cases underwent primary cytoreductive surgery, and 31.2% received NAC-IDS. Patients with stage IV EOC more often use NAC protocols. Patients commonly experience 4–5 cycles of chemotherapy [47], meanwhile in our study, in both stages (III and IV), the most common number of NAC cycles was three, and adjuvant chemotherapy cycles were ≥ 6 .

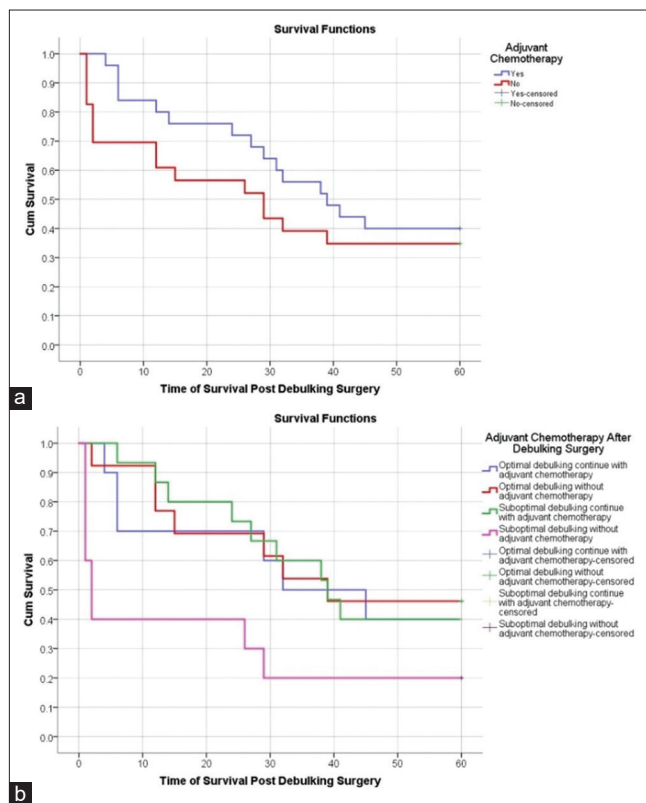


Figure 3: Kaplan Meier curve of 5-year overall survival based on (a) administration of adjuvant chemotherapy without consideration of debulking surgery, and (b) with considering debulking surgery

Histopathology subtypes risk factor

In histopathology, 90% of ovarian tumors are thought to have arisen via the change of fallopian tube epithelial cells rather than those deriving from germ cells or sex-cord-stromal tissues; thus, most of these cancers are designated as EOC [46]. Among EOC subtypes, we found serous EOC becoming prevalent. This finding was corroborated by the Asian incidence [48]. The incidence of clear cell subtype is 25% of all EOC in Asia, similar to our result, but only <10% in Western countries [49]. It could be due to ethnic differences between Western and Asian populations.

Former investigations have documented inconsistent results for the risk factors analyses among each histologic subtype of ovarian cancer, possibly arising from geographic and ethnicity disparity or sampling matters discrepancy. In univariate analysis, we observed two significant independent risk factors for serous EOC: age and menopausal status, but in the adjusted model, only menopausal status significantly became a risk factor for serous EOC (OR = 4.82 95%CI: 1.42–16.40, p = 0.012). A Chinese study confirmed that serous EOC was diagnosed significantly greater in postmenopausal (62%) compared to premenopausal patients (38%) [19].

Our results showed that age, obesity, marital status, parity, and contraception use were not statistically associated with increased risks for serous EOC, both in unadjusted and adjusted models. Comparing the age

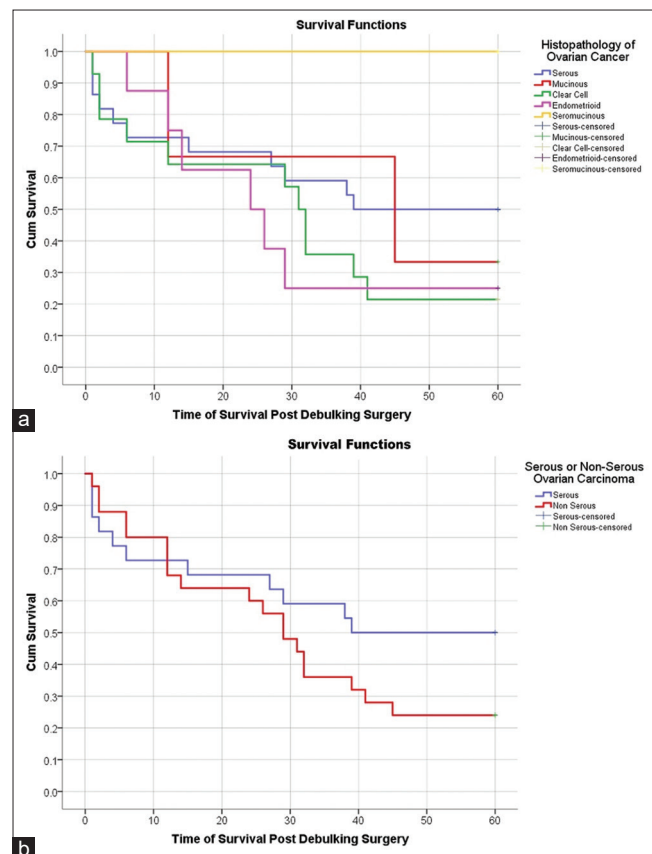


Figure 4: Kaplan Meier curve of 5-year overall survival according to (a) all histopathology results and (b) serous compared non-serous ovarian cancer

of women diagnosed with serous and non-serous EOC, we found that serous subtype tended higher in the aging and parous population, agreeing with the prior study [50]. Aging and menopause have been linked with a possible expanded chance of getting serous EOC [46], [51], [52]. Meanwhile, similar to former studies, the obesity or BMI score was not statistically essential as a risk factor for serous EOC [50], [53]. Moreover, in our report, the variables related to the hormonal status were not a significant risk to serous EOC because this subtype had weaker connections to most reproductive factors than with non-serous EOC. It was analogous with hormone receptor-negative breast cancers theory [50], [54].

Suboptimal debulking surgery predictors

We constructed a logistic model to predict the suboptimal surgical cytoreduction. The results showed that serous EOC (OR = 8.25) and FIGO staging (OR = 11.13) significantly enhanced the chance to experience suboptimal surgical cytoreduction. The prior study reaffirmed that subtype [55], particularly serous EOC [56] and stage of disease [55], [57], were associated significantly and became predictors to suboptimal debulking surgery. In Thailand, advanced-stage became a significant predictor for suboptimal surgery (OR = 4.78, p < 0.001) [17].

Table 6: Identification of prognostic factors using Cox regression analysis for overall survival in 48 subjects with advanced-stage EOC

Prognostic factors	Bivariate			Multivariate		
	HR	95%CI	p-value	HR	95%CI	p-value
Age (years)						
<50	Ref			-		
≥50	1.34	0.65–2.79	0.429	-	-	n/a
RD						
No	Ref			Ref		
Yes	3.50	1.62–7.58	0.001	3.50	1.62–7.58	0.001
Debulking Surgery Status						
Optimal	Ref			-		
Suboptimal	1.45	0.70–2.98	0.316	-	-	n/a
Debulking Surgery Type						
NAC-IDS	Ref			-		
PDS	1.57	0.70–3.52	0.277	-	-	n/a
Adjuvant Chemotherapy						
Yes	Ref			-		
No	1.38	0.67–2.82	0.380	-	-	n/a

RD: Residual disease, PDS: Primary debulking surgery, NAC-IDS: Neoadjuvant chemotherapy followed by interval debulking surgery, EOC: Epithelial ovarian cancer, HR: hazard ratio

We found that age did not significantly differ among two groups of debulking surgery, similar to prior study [57]. In contrast, a multivariate analysis from Gu *et al.* [58] found age >60 years become a significant predictor for suboptimal debulking surgery with OR 2.39 possibly due to younger cut-off of elderly we used in this study. Other variables such as obesity were not significant predictors of suboptimal debulking surgery in contrast with Suknikhom *et al.* [17]. Furthermore, we did not find the significance of NAC use as a risk for suboptimal surgery, although a meta-analysis by Kang *et al.* [59] revealed that patients who had gone with the NAC procedure had a smaller chance to undergo suboptimal cytoreduction.

Overall Survival

In this present research, we obtained the 5-year OS and median survival of advanced-stage EOC in Indonesia is similar to literature, 30–46% for OS [60] and 33–43 months for median survival [61]. Furthermore, we evaluated the 5-year OS regarding age, obesity status, staging, debulking type, debulking status, RD, chemotherapy, and histopathology.

Correlation between OS and age

Advanced age has been established as an unfavorable prognostic factor affecting the OS of EOC [62], [63], [64]. Elderly patients were distinguished by high-grade tumor, low performance levels, and undertreatment [42]. Furthermore, fragile geriatrics with EOC probably do not experience aggressive debulking surgery and standard chemotherapy [65], [66]. Lower survival among old patients is also ascribed to transformations in tumor biological attributes and innate resistance to chemotherapy [67]. In Wimberger *et al.* [63], the lack of residual tumor after PDS was frequently accomplished in the younger individuals, impacting a higher median survival with 27.5 months difference than the same parameter in the elderly. We also observed a 10-month difference in median survival

between young and old patients. Meanwhile, the OS of older patients tended to be shorter than their younger counterparts, though it is not statistically meaningful. This was possible because of different age cut-offs used in various studies. Age remains controversial as an essential prognostic factor for OS because aging is more related to comorbidities [68]; yet, we excluded comorbidities in this study.

Correlation between OS and obesity

This study suggests that EOC patients with obesity had slightly worse survival than non-obese patients though not statistically significant. This is consistent with literature that shows that obesity diminishes survival in ovarian cancer with HR = 3.40 [21]. Moreover, we did not find BMI or obesity status as a reliable prognostic factor agreeing with Kotsopoulos *et al.* [69], confirming height, weight, and adiposity were unrelated to ovarian cancer prognosis.

Correlation between OS and staging

Stage III EOC had a slightly longer median survival and higher OS than stage IV in our study, though the data was not statistically meaningful. The 5-year OS rate (27.3%) and median survival (31 months) of our stage IV patients were similar to a Japanese study (27.9% and 30.8 months, respectively) [45]. The insignificant OS according to FIGO staging was similar to a prior study [70]. In this study, we did not perform analysis on the FIGO sub-staging in more detail (IIIA-IVB) because of the few patients for each stage. The influence of FIGO substages was found in a Norwegian study as an independent prognostic factor for OS but only for those who underwent optimal debulking surgery [70]; meanwhile, not all subjects have achieved it in our study.

Correlation between OS and type of surgery

We also demonstrated that the OS of patients undergoing NAC-IDS was 15.4% higher, and median survival was 12 months longer than PDS, although the difference was not statistically significant. These patients were managed with the first three rounds of chemotherapy, followed by an interval at which patients experience surgical cytoreduction and ultimately the remaining three cycles of chemotherapy [71]. The insignificant difference in result for PDS and NAC-IDS was consistent with former research that NAC-IDS (29 versus 41 months, respectively) did not translate into a substantial advancement of median survival (22.6 versus 24.1 months, respectively) [64]. Randomized trials have indicated that NAC-IDS in individuals with advanced-stage ovarian cancer proffered an equal chance of survival as PDS in terms of OS [44], [62], but less morbidity was reported after NAC [44]. Furthermore, extensive PDS practices are related to tremendous

morbidity, mortality, and declined quality of life. Thus, individuals who experience suboptimal debulking may incur substantial morbidity without an associated gain in survival after PDS [72]. Although not statistically significant, the supposed additional 1 year of survival seems clinically beneficial. NAC-IDS will be impactful if optimal debulking could be achieved [22], and that 50% of patients would achieve around 52.5 months of survival with optimal cytoreduction after NAC-IDS compared to 24.2 if the surgery were suboptimal [73].

We can not precisely answer why NAC-IDS patients in our cohort tended to have more prolonged median survival than PDS, but this was possibly due to the included patients' clinical condition in this cohort. Probably, our population may have a more significant proportion of patients with chemosensitive tumors than resistant groups similar to a prior study [45]. Also, our patients with advanced EOC could benefit from NAC-IDS due to their poor performance status, concurrent morbidity, or elder age [64]. Moreover, NAC-IDS would be advantageous for patients whose PDS was not executed beneath optimal situations or by a gynecologic oncologist [64]. NAC will improve the feasibility of optimal surgery by decreasing tumor spread [59]. NAC-IDS is less extensive, has minor blood loss, reduces morbidity rates, decreases hospital length stay, and improves the quality of life. It also assists in identifying platinum-resistant malignant cells by recognizing patients who do not respond to earlier chemotherapy and may not benefit from additional surgery [11]. The other indication is ovarian cancer stage IIIC with ascites >500cc [22]. Van der Burg *et al.* also found that OS is enhanced in subjects who had subsequent surgery. The median survival in individuals with optimal NAC-IDS was equal to those who underwent suboptimal debulking at PDS (19.4 vs. 20 months) [74], corroborating our results in Table 5 (32 vs. 32 months).

The contribution of NAC to survival is not clear in the current literature. Still, there is only scarce evidence that NAC-IDS is superior to PDS. A study previously discussed the benefit of initial chemotherapy to reduce the size of the tumor [75]. However, patients are more exposed to generating mutations and cultivating chemoresistance because of the enormous tumor burden exposure to chemotherapy agents in NAC-IDS courses, thus leaving behind chemoresistant cells [11], [76]. Rauh-Hain *et al.* found that 88.8% of patients who underwent NAC-IDS were deemed platinum-resistant (with recurrence within 6 months), comparing that 55.3% in the group experienced PDS ($p < 0.001$) [77]. Table 4 demonstrated that NAC use has not increased the optimal debulking surgery rate and has not significantly improved OS. This might be due to the dose-density effect's violation by interrupting chemotherapy with NAC-IDS [64], [78]. Although chemotherapy continually reduces the volume of RD, it sometimes deforms tissue planes, and henceforth, the complete debulking at NAC-IDS may be restricted [11].

Correlation between OS and surgical status

As depicted in Figure 2, patients undergoing optimal debulking surgery had a 5-year OS better than those undergoing suboptimal debulking surgery, although this was not statistically significant. Nonetheless, we found a difference of 10 months of median survival between those two procedures, considered clinically meaningful. This result was in line with the study written by du Bois *et al.* [79], which discovered that optimal debulking yielded extremely more prolonged survival of 36.2 months than suboptimal debulking, which results in a survival time of 29.6 months. Optimal cytoreduction is a vital prognostic factor for lengthened survival, whether committed before or after chemotherapy [10] and with augmented OS [80].

Correlation between OS and RD

We found that the 5-year OS and median survival in patients with RD was 9.1% and 2 months, compared to no RD was 45.9% and 39 months. In a study by Eisenkop *et al.* [81], the 5-year survival OS for present and no RD are 29% and 52%, higher than our results. Similar results also were reflected from Scarabelli *et al.* [82] (42.2% vs. 21.3%). However, prior investigations have countered optimal surgery definitions depending on the residual tumor volume cut-off they used. In more detail, the median OS has been documented to be 34–64 months in women with no residual masses comparable to our results [83], [84], ~38 months for those with <1 cm residual masses [85], [86], and 25–40 months for those with <2 cm residual masses [87], [88].

Correlation between OS and chemotherapy

An analysis related to chemotherapy use demonstrated that half of the patients in this cohort did not receive adjuvant chemotherapy due to several factors: age-related circumstances (thus preferring palliative care), did not meet the criteria for adjuvant chemotherapy, already died before the chemotherapy cycle, did not consent to chemotherapy, and have financial, social, and location complexities which made them difficult to access healthcare in our institution. Clinical evidence sourced from guidelines on EOC therapy has ascertained that the first-choice combined chemotherapy of EOC is carboplatin-paclitaxel in neoadjuvant and adjuvant courses [89]. Our center also frequently combining a platinum-derived compound (carboplatin, mainly, or cisplatin) and a taxane (paclitaxel) for therapeutic management of EOC. This agent combination appears to grant a more satisfactory response than the platinum-derived compound alone, augmenting EOC carriers' survival rate [89] and resulting in more prolonged median survival [Figure 3a]. In this cohort, regardless of the type and status of debulking surgery, the 5-year

OS rate for advanced-stage EOC patients given adjuvant chemotherapy was 40% similar to a prior study (39.2%) [90], with a median survival rate of 39 months. This value was not different statistically to those who did not get chemotherapy, whose OS was 34.8% and median survival was 29 months. Though not statistically significant, our findings align with Chang *et al.* [48], which suggests that taxane-based adjuvant chemotherapy improves 5-year survival. Our data implied that optimal PDS followed by platinum-based chemotherapy should be conducted to secure the prognosis of women with advanced-stage EOC. In a more detailed, patients who underwent suboptimal debulking surgery who were not followed by adjuvant chemotherapy had the poorest survival [Figure 3b].

Correlation between OS and histopathology

Analyzing the survival of our cases according to their histopathology subtypes demonstrated relatively higher 5-year OS results compared to a study by Zhou *et al.* [49] Their findings compared to our results was 28.1% versus 50% in serous EOC, 38.6% versus 25% in endometrioid EOC, 14.2% versus 33.3% in mucinous EOC, and 18.8% versus 21.4% in clear cell EOC, with a relatively longer median survival of 37 versus 39, 40 versus 24, 9 versus 45, and 19 versus 31 months, respectively [49]. We found that the mucinous and clear cell EOC have a poorer 5-year OS than the serous EOC, while endometrioid EOC had comparable results with the serous type. Seromucinous EOC had very high OS because there is only one subject; thus, it was unreliable and not statistically meaningful. In our analysis, the worst OS of clear-cell EOC was possibly attributed to clear-cell EOC being less chemosensitive than serous EOC [68]. Our study's insignificance of OS and median survival was aligned to a former study [91]. However, the median survival of serous EOC in our report was longer than results presented in the literature (18.2–29.3 months) [70], but shorter than results from a Turkish study (50.5 months) [69]. We found that the median survival of clear cell type among our patients was generally better than results found in the literature (6–14.2 months) [70].

We obtained no statistically significant difference in median survival when comparing the two major subtypes of serous and non-serous ovarian cancer. However, in our cohort, non-serous EOC tended to be linked with an increased risk of death among subjects with suboptimal residual tumor corresponding with serous EOC, reflecting low median survival (29 vs. 39 months). Patients with clear cell carcinoma and mucinous adenocarcinoma (both non-serous EOC) have a poorer response to platinum-based first-choice chemotherapy than serous EOC [91]. Although the pathology and prognosis of serous EOC are poor and often present

with an advanced stage the response to adjuvant chemotherapy is quite good, which explains why the median survival was more protracted than found for non-serous EOC in our findings [89].

Prognostic factors

In Cox PHs model through bivariate and multivariate analysis, RD became a significant independent prognostic factor with an HR of 3.50, higher than the value in the former study (HR = 1.76) [11]. Consistent with several studies, we reported that RD at the end of cytoreductive surgery was the most substantial prognostic factor in advanced-stage EOC [75], [87], [92], [93], [94]. In those with non-serous EOC, residual tumor size was more linked with a rising risk of dying. Meanwhile, the first-line chemotherapy regimen administration was not a prognostic factor for advanced-stage EOC survival [91].

Clinicopathological and treatment profiles (age, debulking status, debulking type, and chemotherapy) might have prognostic significance. Nevertheless, we obtained no difference statistically in all those groups. In contrast, other studies confirmed that elderly age could be a poor survival factor and independent prognostic indicator for OS among patients with advanced-stage EOC [42], [95]. An age of over 64 years was one of the predictors of mortality in people with ovarian cancer [96]. As opposed to those findings, our patients were mostly ranging in the age of 50–60 years old, answering why median survival would not be significant statistically. Regarding histology, supporting our findings, a study stated that patients with non-serous EOC had a poorer prognosis, though this parameter was not statistically significant [91].

Strengths and Limitations

This study is important because it analyzes various clinical factors in patients with EOC. We added perspective on how treatment profile differs according to the stage, displayed serous EOC risk factors, and demonstrated suboptimal debulking surgery risk factors. Moreover, we conducted survival analyses according to various clinical circumstances. Furthermore, our study reaffirmed the prognostic significance of RD status in the OS of advanced-stage EOC.

Nevertheless, several shortcomings that arise from this study should be noticed. First, this was a retrospective study in which potential reporting, selection, and recall biases are unavoidable and inherent to this method. Second, we recruited relatively small sample sizes due to difficulties approaching the eligible patients and the cancer registry system in Indonesia being less established. Third, we did not include patients with comorbidities whereas in the actual scenario, a significant number of ovarian cancer patients had comorbidities during their lifespan.

Fourth, in our institution, surgery is generally the duty of a gynecological oncologist. Nevertheless, since our center is a teaching hospital, the procedure may be done by residents or fellows under the supervision of experienced experts, thus possibly influencing the rate of treatment and outcomes quality [70].

Despite those hurdles, this is the first comprehensive study about EOC from Indonesia contributing to the gynecologic oncology field worldwide from developing countries and Asian perspectives. We endeavored to tackle this drawback by conducting stratified analyses to adjust several variables and applying strict recruitment standards. We thus suppose that these research results are clinically pertinent.

Conclusion

We present a pioneering epidemiological report on advanced stage EOC from an Asian perspective, characterizing the Indonesian patients' clinicopathological, prognostic, and OS aspects. We have agreed with the literature that the carcinogenesis of the ovarian epithelium is related to aging, affecting a high proportion of menopausal women with the prominent characteristics: obese, married, with a normal age of menarche, multiparous, and never using contraception. EOC cases registered were mainly of serous type with FIGO stage IIIC. Patients with stage IV had a more significant proportion of suboptimal debulking and NAC-IDS, predominantly had RD, and were given adjuvant chemotherapy with mostly platinum-based regimens. Furthermore, we recorded that the risk of serous carcinoma was increased by menopausal status, and predictors of suboptimal debulking surgery were histopathology and FIGO staging. OS differed between the presence of RD. A significant prognostic factor for the 5-year OS of EOC was only RD. However, younger age, stage-III, optimal debulking, NAC-IDS, serous (compared to non-serous), mucinous (compared to specific subtypes) tend to have more prolonged median survival. Suboptimal debulking surgery not followed by adjuvant chemotherapy has the poorest survival. Meanwhile, optimal debulking without continuing adjuvant and suboptimal debulking accompanied by adjuvant become the therapies that lead to the most extended median survival.

Viewing the dearth of data relating to EOC epidemiology in Indonesia, we firmly consider that the information demonstrated herein has enlightened readers on the EOC characteristics in Asia and provided broader hints of the profile regarding this insidious disease entity. We strongly recommend developing sustainable and more effective public health policy to prevent ovarian cancer, such as conducting a massive campaign through online platforms and performing

screening, including early diagnosis starting from primary care. Future research with a larger sample size and further external validation for the model predictors of serous subtype and suboptimal debulking surgery will benefit in understanding ovarian cancer.

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