ID Design 2012/DOOEL Skopje, Republic of Macedonia Open Access Macedonian Journal of Medical Sciences. https://doi.org/10.3889/oamjms.2017.214 eISSN: 1857-9655 Public Health



Public Health Profile of Road Traffic Accidents in Kosovo 2010-2015

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Abstract

Citation: Ramadani N, Zhjeqi V, Berisha M, Hoxha R, Begolli I, Salihu D, Krasniqi P. Public Health Profile of Road Traffic Accidents in Kosovo 2010-2015. Open Access Maced J Med Sci. https://doi.org/10.3889/camims.2017.214

Keywords: Road traffic accidents; Public health problem; traffic injuries; traffic mortality; Kosovo.

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Received: 12-Jul-2017; Revised: 06-Sep-2017; Accepted: 18-Oct-2017; Online first: 13-Dec-2017

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Funding: This research did not receive any financial support.

Competing Interests: The authors have declared that no competing interests exist.

AIM: To determine the characteristics of the Socio-medical profile of road traffic accidents in Kosovo, between 2010 and 2015 year.

STUDY DESIGN: Retrospective study.

METHODS: A descriptive method based on the database of road traffic accidents from the National Police of Kosovo.

RESULTS: In Kosovo for the period 2010-2015, on average, the yearly number of road traffic accidents is 18437 with mortality rate 7.4 per 100000 and lethality of 1.5%. The highest number of fatal cases are drivers and above 19 years old with more than 80%. Among injured significantly highest percentage is among passengers for all years and above 19 years old. Road traffic accident with a vehicle occurs most frequently, with approximately over 70%, mostly on dry road 72.9% and clear weather 71.1%. The driver is the contributing factors of road traffic accidents on average 99.3% whereas climatic conditions only 0.5%, with over 50% of crashes occurring in urban road 56.2%, mostly during Monday 16.0% and in the afternoon rush hours between 14.00-18.00 with 31.0%.

CONCLUSIONS: There is a slight decrease in the mortality rate of 0.1% and lethality rate of 0.1% each year, whereas there is an increase of 21.5% for traumatism rate for each year.

Introduction

Road traffic accidents are the major public health problem, in both developed and developing countries. Based on WHO report, the overall global road traffic fatality rate is 17.4 per 100000. Lowincome countries have the highest annual road traffic fatality rates, 24.1 per 100000, middle-income countries 18.4 while the rate in high-income countries is lowest, at 9.2 per 100000 [1]. Traffic mortality, traumatism, absenteeism, and disabilities have an impact not only each victim but also on their families and wider society at the national level of pandemic proportions with medical, psychological, economic and quality of life consequences. According to WHO report road traffic injuries are the eighth leading cause of death globally, and the leading cause of death for young people aged 15–29 years. Globally, more than a million people die annually. Approximately, 90% of the world's fatalities on the roads occur in low and middle-income countries [1]. The rapid increase in road traffic crashes in low and middle-income countries has driven an overall global increase in deaths and injuries due to the rapid rate of motorization and lack of prioritization for several years of safety strategies, disordered urbanization which causes financial costs up to 3–5 % of their gross national product whereas consequences of these road traffic accidents cost up billions of dollars due to the cost of treatment, rehabilitation lost productivity and incident investigation [1].

The annual cost of road traffic accident in Australia, in 2003, was about 2.3% of the Gross Domestic Product (GDP) [2]. For the same year, in Barcelona total costs of road traffic accidents were 367 million euro with (89.8%) direct costs equalled euro 329 million, including property damage costs, insurance administration costs, and hospital costs [3]. In Iran, traffic accident costs were US\$2.2 million in 2007 [4] while in Kuwait cost per traffic fatality is more than the US \$500,000 [5].

In Kosovo, a country in transition with the improper and non-strict implementation of road security measures, inappropriate land use planning, an increase of the number of cars and particularly imported old cars from the second-hand European Union market increases the risk for traffic insecurity together with lack of proper road infrastructure and urban spatial planning, characteristic for developing countries.

Public health importance of road traffic accidents stands because they are largely preventable with traffic security cost-beneficial and cost-effective measures. Consequences are not only health related but also economic and social too.

This study aims to determine socio-medical characteristics of road traffic accidents in Kosovo, between 2010 and 2015 by exploring trend in road traffic accidents, fatal and non-fatal accidents, type, contributing factors, the site, superficial road conditions, time, day of the week and climatic condition of occurrence.

Methods

For this study, a retrospective study of road traffic accidents in the period from January 2010 to December 2015 was conducted. As descriptive study based on a database of road traffic accidents of Kosovo National Police and demographic data (2010 - 2015) from Statistical Agency of Kosovo, therefore we did not need any ethical approval since data are anonymous, presented by gender and age group.

The information provided by the National Police of Kosovo included the 2010-2015 databases. in Excel format. This information allowed the analysis of the following variables: number of accidents, type, contributing factors, the day of the week, time of occurrence, climatic conditions, and road users involved by age, the place, superficial road conditions, distributions of the accidents. A limitation of the database is the lack of disaggregated age data. From the database, incidence, mortality and lethality indicators are calculated. The incidence was determined by the number of new cases of road traffic accidents deaths and injuries that occurred during 2010-2015. Mortality was calculated by dividing the number of deaths among the total susceptible population, according to the Kosovo Statistical Agency per 100.000 inhabitants whereas lethality by dividing

the number of deaths on the number of injured persons by road traffic accidents per 100. The statistical analysis reported frequencies, percentages, trends and chi-square statistical significance test. For the study purpose statistical program Excel, 2016 was used.

Results

According to the Statistics of the National Police of Kosovo, for the period 2010-2015, there have been 110622 road traffic accidents at the national level. Regarding mortality, between the years 2010-2015, road traffic accidents have caused 826 deaths nationwide. The year 2010 had the highest number of deaths in the country 175. For the period 2010-2015, 54809 injured people are recorded, with an average yearly number of road traffic accidents 18437, annually average of dead persons 138, injured 9135 and average mortality of 7.4 per 100.000, average traffic traumatism 497.6 per 100.000 and average lethality of 1.5%.

Table 1: Traffic accidents and related health indicators, Kosovo	
2010-2015	

							Mt per	Tr per	Le per
Year	Population	Accidents	Ib	lv	Dead	Injuried	100000	100000	100
2010	2207000	18030	100.0	-	175	7730	7.9	350.2	2.3
2011	1739825	18888	104.8	104.8	157	8321	9.0	478.3	1.9
2012	1793000	19754	109.6	104.6	121	8561	6.7	477.5	1.4
2013	1820631	19928	110.5	100.9	117	9813	6.4	539.0	1.2
2014	1804944	16300	90.4	81.8	127	9713	7.0	538.1	1.3
2015	1771604	17722	98.3	108.7	129	10671	7.3	602.3	1.2
A۱	/erage	18437			138	9135	7.4	497.6	1.5

The basic index shows an increase of road traffic accidents for period 2010-2013 and in 2014 show decrease of 9.6%, for 2015 decrease of 1.7%. Verig index show similarly increases for the same period 2010-2013, and for 2014 there is a decrease of 18.6% and 8.7% for 2015. According to trend analysis, there is a slight decrease of the mortality rate of 0.1% and lethality rate of 0.1% each year whereas there is an increase of 21.5‰ for traumatism rate for each year (Table 1).

Table 2, shows trend and statistical significance for the period 2010-2015. For death cases, the trend is decreasing on average for nine new cases each year and for injuries increase of 575.2 new cases, and for victims in general also, increase for 566 each year. For years there is statistical significance for p<0.00 for death cases with the highest number recorded on 2010 and for injuries highest number for 2015. We can notice that while the number of accidents is falling, the number of fatal cases is decreasing and the number of victims and injuries increasing (Table 2).

Regarding age group, highest percentage is

among victims with above 19 years with more than 80% during period 2010-2015 and least percentage among adolescents 13-18 years old but there is no statistical significance (Table 3).

Table 2: Victims of traffic accidents,	Kosovo 2010-2015

Year	De	ad	Inj	ured	Vict	ims		
	N	N % N %		N	%			
2010	175	21.2	7730	14.1	7905	14.2		
2011	157	19.0	8321	15.2	8478	15.2		
2012	121	14.6	8561	15.6	8682	15.6		
2013	117	14.2	9813	17.9	9930	17.8		
2014	127	15.4	9713	17.7	9840	17.7		
2015	129	15.6	10671	19.5	10800	19.4		
Total	826	100.0	54809	100.0	55635	100.0		
Trend	y = 170.07	7-9.2571x	y = 7121.	5+575.23x	y = 7291.6+565.97x			
X2, FD=5	0.0	017	0.	000	0.000			

Among injured according to their involvement in traffic, highest percentage is among passengers for all years and the smallest percentage is among pedestrians, the statistically significant difference (p=0.0001). Age group, similarly above 19 years old are mostly injured for entire period with a statistically significant difference (p = 0.000) (Table 3).

Table 3: Dead and injured according to their involvement in traffic accidents and age-group, Kosovo 2010-2015

	Dead persons								
Year	Drivers Passenger Pedestrian								
	N %		I % N %		N	%	8.789		
2010	61	34.9	54	30.9	60	34.3			
2011	57	36.3	55	35.0	45	28.7	I		
2012	44	38.4	35	28.9	42	34.7	1		
2013	37	31.6	47	40.2	33	28.2			
2014	49	38.6	39	30.7	39	30.7	I		
2015	48	37.2	33	25.6	48	37.2	p=0.552		
		Dead	persons ac	cording age-	group		X ² -test		
Year	0-:			3-18)+	FD=10		
	N	%	N	%	N	%	4.589		
2010	17	9.7	8	4.6	150	85.7			
2011	15	9.6	10	6.4	132	84.1	t		
2012	11	9.1	5	4.1	105	86.8	1		
2013	13	11.1	9	7.7	95	81.2	1		
2014	8	6.3	7	5.5	112	88.2	t		
2015	10	7.8	6	4.7	113	87.6	p=0.917		
		ı	The i	njured			X ² -test		
Year	Drivers Passenger Pedestrian						FD=10		
	N %		N %		N	%	33.829		
2010	2936	38.0	3741	48.4	1053	13.6			
2011	3222	38.7	4072	48.9	1027	12.3	1		
2012	3309	38.7	4223	49.3	1029	12.0	1		
2013	3757	38.3	4814	49.1	1242	12.7	t		
2014	3875	37.8	4822	49.6	1216	12.5	1		
2015	4099	38.4	5396	50.6	1176	11.0	0.0001		
			in a second	rding to age	roup		X ² -test		
Year	0-1				19	+			
Year	0-: N		13	3-18	19 N)+ %	FD=10 134.88		
	N	12 %	13 N	3-18 %	N	-			
2010	N 655	12 % 8.5	13 N 438	3-18 % 5.6	N 6639	% 85.9			
2010 2011	N	12 %	13 N	3-18 %	N	%	134.88		
2010 2011 2012	N 855 627	12 % 8.5 7.5	13 N 438 701	3-18 % 5.6 8.4	N 6639 6993	% 85.9 84.0			
2010 2011	N 655 627 630	12 % 8.5 7.5 7.4	1 N 438 701 844	3-18 % 5.6 8.4 7.5	N 6639 6993 7287	% 85.9 84.0 85.1	134.88		

Road traffic accidents are caused by three main factors, human, motor vehicles, and environmental conditions. In Kosovo for the period 2010-2015, an accident with a vehicle is most frequent, with approximately over 70% during the entire period, followed by vehicle to vehicle with average 8%. Regarding contributing factors, the driver is responsible for an average of 99.3% for entire period 2010-2015 whereas climatic conditions only 0.5% and technical vehicle condition 0.1%. Among superficial road conditions in road traffic accidents, dry

road recorded mostly with average 72.9% for the entire period, followed by wet road with 14.2%, snow 3.3% and icy road only 1.2%. As far the climatic conditions, most accidents happened in clear weather with 71.1%, cloudy 8.5%, fog 1.0% with snow 4.3%. Most crashes occur in the afternoon rush hours between 14.00-18.00 with 31.0%, followed by 10.00-14.00 with 27.9% and followed by 18.00-22:00 with 18.9%. Over 50% of crashes occurred in the urban road with an average of 56.2% followed by national road with 24.3% and rural road with 9.5%. Most of these crashes take place during Monday with an average of 16.0%, followed with 15.0% for Tuesday, Wednesday, Friday and at least on Sundays with 10.8%. There is no statistically significant difference between years and all above-analyzed modalities (Table 4).

Table 4: Traffic accidents characteristics, Kosovo 2010-2015

	·	Year													
		20	10	20	11	2012 2013			2014		2015		1		
		N	%	N	%	N	%	N	%	N	%	N	%	1.	
	Accidents	18838	100.0	18888	100.0	19754	100.0	19928	100.0	16300	100.0	17722	100.0	X ² test	
	Accident with a vehicle	12407	68.9	13526	71.6	14469	73.2	14053	70.5	11437	70.2	12717	71.8	3	
	Vehicle - Vehicle	1486	8.2	1217	6.4	1288	6.5	1407	7.1	1516	9.3	1537	8.7		
	Vehicle - Train	1007	5.6	1157	6.1	1001	5.1	1441	7.2	696	4.3	815	4.6		
Accident	Vehicke - Bike	962	5.3	904	4.8	881	4.5	1073	5.4	1074	6.6	1031	5.8	001	
Type	Other	874	4.8	821	43	921	4.7	892	4.5	782	4.8	754	4,	DF=35,	
	Vehicle - Pedestrian	951	5.3	909	4.8	822	4.2	676	3.4	440	2.7	438	2.8	p=0	
	Vehicle - Bus - Minibus	204	1.1	192	1.0	210	1.1	210	11	168	1.0	190	1.1		
	Vehicle - Truck	139	0.8	166	0.9	163	0.8	174	0.9	187	1.1	240	1.4		
	Man Factor (Driver)	17575	97.9	18788	99.5	19549	99.0	19911	99.9	16252	99.7	17662	99.7		
Contributing	Pedestrian	12	0.1	8	0.0	7	0.0	3	0.0	7	0.0	7	0.0	09	
factors	Technical vehicle condition	17	0.1	18	0.1	7	0.0	3	0.0	9	0.1	11	0.1	DF=20	
	Road infrastructure	14	0.1	8	0.0	6	0.0	0	0.0	3	0.0	4	0.0	pev .	
	Climatic conditions	332	1.8	59	0.3	179	0.9	3	0.0	5	0.0	2	0.0		
	Dry	12215	68.0	13834	72.2	12743	64.5	14752	74.0	12866	78.9	14148	79.8	-	
Road	Wet	2589	14.4	2261	12.0	1932	9.8	3481	17.5	2827	17.3	2531	14.3	A2=/10/,	
superfitial	Slippery	115	0.6	24 437	0.1	38 1645	0.2	6	0.0	21	0.1	24 403	0.1	276 DF=30	
conditions	Snow	00U 191	3.7	43/	2.3	1645	8.3	300 125	1.5	240	1.0	4U3 281	2.3	DF=30 p=0	
	ky	191	0.0	209	0.1	++0	2.3	120	0.0	00	0.4	281	1.0		
	Demaged road	11865	66.1	10	70.6	12696	64.3	14333	71.9	12279	75.3	3 13871	78.3	-	
	Clear The Cloudy	1703	9.5	13335	6.3	12090	6.8	2048	10.3	12275	10.9	130/1	70.0		
Climatic	Rainy	1326	7.4	1368	7.2	915	4.6	1583	7.9	1443	89	926	5.3	0525	
conditions	With snow	830	4.6	592	3.1	1884	9.4	479	2.4	380	23	691	3.9	DF=25	
	Fog	58	0.3	80	0.4	17	0.1	248	12	114	07	625	3.5		
	22.00-02.00	1188	6.6	1178	62	1268	6.4	1285	65	1037	6.4	1205	6.0		
	02.00-05.00	411	2.3	390	21	471	2.4	525	2.6	440	2.7	619	3.9		
	05.00-10.00	2533	14.1	2626	13.9	2683	13.6	2767	13.9	2166	13.3	2411	13.6	72-122.0	
Time	10.00-14.00	4999	27.8	5326	28.2	5541	28.0	5637	28.3	4540	27.9	4833	27.		
	14.00-18.00	5473	30.4	5820	30.8	6149	31.1	6230	31.3	5172	31.7	5476	30.9		
	18.00-22.00	3395	18.9	3552	18.8	3643	18.4	3483	17.5	2945	18.1	3177	17.9		
	Nationale road	4726	26.3	4217	22.3	4639	23.5	4888	24.5	3932	24.1	4408	24.9		
	Regionale road	1492	8.3	1204	6.4	1408	7.1	1491	7.5	1321	8.1	1328	7.9	X2=2170,	
Place of accident	Urban road	9788	54.4	10661	56.4	11392	57.7	11147	55.9	9201	56.4	9938	56.1	481 DF=25	
ov accine fit	Highway	0	0.0	0	0.0	0	0.0	0	0.0	248	15	167	0.9	0=0	
	Rual	1751	9.7	1831	9.7	2012	10.2	2073	10.4	1279	7.8	1625	9.2	~	
	Monday	2879	16.0	2996	15.9	3238	16.4	3269	16.4	2501	15.3	2849	16.1		
	Tuesday	2701	15.0	2875	15.2	2799	14.2	3058	15.3	2466	15.1	2615	14.8		
	Wednesday	2703	15.0	2642	14.0	2834	14.3	2959	14.8	2456	15.1	2596	14.6	X2=97,49 6	
4	Thursday	2515	14,0	2712	14,4	3002	15.2	2735	13.7	2360	14.5	2615	14.8	DE=30	
	Friday	2672	14.8	2804	14.8	3029	15.3	2925	14.7	2481	15.2	2630	14.8	p=0	
		Saturday	2719	15.1	2779	14.7	2770	14.0	2909	14.6	2242	13.8	2394	13.5	
	Sunday	1824	10.1	2084	11.0	2082	10.5	2073	10.4	1794	11.0	2023	11.4		

According to Health For All database, for SEE-countries for 2011, and Kosovo Police data for Kosovo, Kosovo has the highest number of road traffic accidents with injuries, 478.3 per 100 000 (Fig. 1).

Discussion

Road traffic accidents are among main epidemiologic problems and public health issues in developed and in developing countries. Road traffic accidents as a global challenge are on the global agenda through Sustainable Development Goals SDG 3 and 11 which aim to half the number of global deaths and injuries from road traffic accidents by 2020 and provide access to safe, affordable, accessible and sustainable transport systems and improving road safety by 2030.

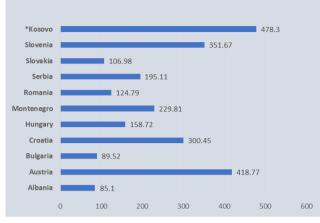


Figure 1: Road traffic accidents with injury per 100 000, SEE countries, 2011

Public health importance of road traffic accidents besides that are largely preventable, are also health consequences as death, disability, quality of life, economic burden with direct and indirect losses for the victims and their families.

It is estimated that every day in the world 3287 people dies in-car accidents [6]. According to the World Health Organization's Report-2015 on the situation of road safety, the traffic accident mortality rate in Italy is 6.1 per 100,000, Austria 5.4, France 5.1 less than Kosovo mortality rate 6.4 per 100,000 inhabitants, which is the smaller rate in comparison with Hungary and Serbia with 7.7 and Bulgaria 8.3 per 100 000 inhabitants. The highest mortality rate in the region is recorded in Bosnia and Hercegovina with 17.7 and Albania with 15.1 per 100,000 inhabitants. In Iran, road traffic accidents are the reason for 25% of unnatural deaths [4]. In Rumania injuries caused by road traffic accidents represent an important morbidity and mortality risk factor. The incidence of road traffic injuries was 30.61 for 100.000 inhabitants, whereas the mortality rate 10.28 deaths for 100.000 inhabitants [7].

In Kosovo for the period 2010-2015, on average yearly number of road traffic accidents is 18437, dead persons 138, injured 9135, mortality rate 7.4 per 100000 and lethality of 1.5%. In our study the most frequent age of fatal cases and victims in general in traffic crashes was over 19 years old that is in line with many other studies like one in Brazil [8], similarly mostly affected in road traffic accidents in Africa are young and especially young men. People in the 20-54 age group accounted for 71.8% of all those fatal cases annually [9]. The young population between ages of 20 and 34 is the age group mostly affected, and since is economically active, consequences overcome a person with wider implication on economic losses of their families also [10].

Highest fatal cases according to their involvement in traffic, is among drivers. Regarding contributing factors, the driver is responsible on average of 99.3% for entire period 2010-2015 whereas climatic conditions only 0.5% and technical vehicle condition 0.1%. Similar results were found in different studies, in the United Arab Emirates, driving behaviour are more prevailing contributing factors, and vehicle safety is least [11]. In South Africa, most of the casualties of road traffic accidents were drivers (46%) [10]. In Taiwan, human factor respectively psychosocial influences are responsible up 3 to 4% of accidents [12]. In Lasi driver's error was identified as the main contributing factor in about two-thirds of all road traffic accidents [7].

In a report from Africa, more passengers were killed than any other road user in the years 2010-2012, accounting for 43.8% of all fatalities in 2010, 51.1% in 2011 and 43% in 2012 and the least affected road users are drivers, at 26.4%, 25.7% and 28.5% of all fatalities in 2010, 2011 and 2012 with the most prevalent death risk factors disregarding traffic rules (45%) and driver rushing (31%) [13]. While in Africa passengers are the most affected road users in crashes. in Kosovo mostly fatal cases are among drivers. In Peru, the majority of the fatalities were pedestrians (61%) [14], and in Basel similarly, for injuries, the majority of the fatalities (84.8%) occurred among pedestrians [15].

In Kosovo for the period 2010-2015, an accident with a vehicle is most frequent with about over 70% during the entire period, followed by vehicle to vehicle with average 8%. Similarly, in a study conducted in Iran, most collisions were vehicle-vehicle crashes 52.3% [16]. While in Kosovo over 50% of crashes occurred in the urban road, in Iran most fatal injuries (61.4%) occurred on outer-city roads and only 27.4% occurred on inner-city roads [16]. In Kosovo majority of accidents happen on Fridays and Saturdays similarly with other studies [9, 10, 14, 18, 19), while Sunday is the day with the lowest accident rate, similar with Peru [14].

In Kosovo most crashes occur in the afternoon rushing hours between 14.00-18.00hrs with 31.0%, similarly, with other studies, road traffic accidents occur mainly between two in the afternoon and eight at night [9, 10, 14], followed by 10.00-14.00 hrs with 27.9%. In Saudi Arabia, the most frequent time was during the rush period of noon to 3 pm [17], while in other studies during early evening hours [18, 19].

Among superficial road conditions in road traffic accidents, the dry road was recorded mostly with average 72.9%, mostly in clear weather with 71.1% similar to another study [17].

A large number of vehicles contribute to air pollution which has an impact on increasing burden of chronic respiratory diseases as asthma and emphysema. Policy interventions in many countries as in the example in Rumania have reduced road traffic crashes, in a short period [7]. Safety belts are shown to be helpful as road safety measures, since 1976 after enforcement of the law on safety belts, 31% less injured persons, four times fewer head injuries, three times less minor injuries and five times less severe injuries were found [15]. In Verona after low enforcement on the seat belt, a significant reduction of injured/accidents ratio was recorded 29%, head trauma for 50.3% [20]. In line with Decade of Action for Road Safety (2011-2020) aiming to stabilise and reducing the increasing trend of road traffic fatalities and saving an estimated 5 million lives over the period, in Kosovo several interventions were taken to maintain citizens' life and wellbeing. Road safety is associated with legal, institutional, technical and financial support with enforcement of new traffic Law no. 05 / L-088, with new rules for all participants in traffic to increase safety in road traffic, traffic flow and environmental protection [21].

For the period 2010-2015, there is a slight decrease in the mortality rate of 0.1‰ and lethality rate of 0.1% each year whereas there is an increase of 21.5‰ for traumatism rate for each year. A Higher number of fatal cases are drivers and above 19 years with than 80%. Among more injured significantly highest percentage is among passengers for all years and above 19 years old. Traffic accident with a vehicle is mostly too happened with approximately over 70%, mostly on dry road 72.9% and clear weather 71.1%. The driver is contributing factors of road traffic accidents on average 99.3% whereas climatic conditions only 0.5%, with over 50% of crashes occurred in urban road 56.2% mostly during Monday 16.00% and in the afternoon rushing hours between 14.00-18.00hrs with 31.0%. A joint effort from health, education and police sectors should compile a public health strategy and action plan to increase awareness and traffic culture focused on human risk factors.

In conclusion, there is a slight decrease in the mortality rate of 0.1‰ and lethality rate of 0.1% each year, whereas there is an increase of 21.5‰ for traumatism rate for each year. Limitation of the study was disaggregated data on excel database which was a barrier for depth calculation and analyse.

Acknowledgment

To the Statistics Department of the National Police of Kosovo for access to the information they collect.

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